

New Elderly Center

By Susan Savetwith
Mohican News Reporter

The Stockbridge-Munsee Tribe has been selected to receive a Housing and Urban Development Indian Community Development Block Grant (HUD ICDBG) to build a new Elderly Center. Along with tribal support, the new center has been approved and plans are underway to build!

The new facility will be built in the same area as the current center and we will be working with Stockbridge-Munsee Food Distribution and the Mohican Family Center to utilize their sites during the construction. "Food Distribution has a fantastic kitchen and space for folks to gather for meals," explained Kristy Malone, Stockbridge Munsee Elderly Services Manager. Discussion is still ongoing and communication to elders will be ongoing through changes that occur so there will be no confusion about where to go for meals, events and activities.

"We want to assure our elders that we will maintain our services and programs throughout the construction process," Malone said.

(Editor's Note: The Toys for Tots pictures taken at the Mohican Family on 12-06-14 will be in the 01-15-15 issue of the Mohican News. In the 01-01-15 issue of the paper we will include a pictorial memorial of those Community people who have Gone Home).



New Registered Nurse

By Susan Savetwith
Mohican News Reporter

Sabrina James is a new Registered Nurse at the Stockbridge-Munsee Health and Wellness Center working as the primary nurse for Crystal Lothe, the Nurse Practitioner.

She is responsible for maintaining safe and effective communication and meeting the daily needs of patients; she takes vitals, gives immunizations, and gathers personal information for patient visits.

She will also answer phones to handle patient questions and take care of getting refills in a timely manner.

James and her husband, Ryan, have four children; Jada, 12; Kale, seven; Jayden, seven; and Jaidalynn, three.

She graduated from Bowler High School 1997 and the College of Menominee Nation in 2012.

Sabrina has worked security at the casino, done factory and mill work, sales, fitness, and for the past seven years, she has been in the healthcare field.

Prior to starting at the clinic, she spent two years working with the elderly on "Memory Lane" an Alzheimer/Dementia unit at Pine Manor Health and Rehabilitation near Clintonville.

James says she enjoys spending time with her family and friends.

Great American Smoke Out

By Susan Savetwith
Mohican News Reporter

The Stockbridge-Munsee Health and Wellness Center recently hosted Great American Smoke Out with incentive gifts for those who were willing to quit smoking for the day and/or beyond and a luncheon with a presentation by Pharmacist, Dave Axt.

Axt said the Great American Smoke Out originated with the American Cancer Society to challenge folks to try quitting for one day. According to information from the American Cancer Society, the Great American Smoke Out takes place on the third Thursday of November each year; this year was the 39th Great American Smoke Out. Smokers are encouraged to use the date to make a plan to quit, or to plan in advance and begin their path to health by quitting on that day. Quitting even for one day can be an important step toward a healthier life – one that can significantly reduce cancer risk.

Axt provided some very pertinent



Pharmacist Dave Axt.

information about smoking cessation: He indicated smoking causes many serious health conditions such as, lung cancer, emphysema, bladder, mouth, throat and pancreatic cancer, and all sorts of cancers are related to smoking. He said smoking is very expensive at eight dollars a day (a pack a day), if you multiply that times 365 days for a year of smoking it's over \$3,000. Axt said

Smoke continued on page Six:

Waapasaanay Coordinated Services Team Coordinator

By Susan Savetwith
Mohican News Reporter

John DeNasha is the new Waapasaanay Coordinated Services Team Coordinator with the Stockbridge-Munsee Health and Wellness Center Behavioral Health Department. According to DeNasha, Waapasaanay is the Mohican word for "blanket" and is meant to represent the "Wrap-Around Services" the Coordinated Services Team (CST) Initiative offers.

DeNasha explained the Coordinated Services Team Initiative is grant funded by the state and the position is the first of its kind for the Stockbridge-Munsee tribe. He said the CST initiative looks at working with youth to keep them in their own homes and communities where



John DeNasha

they can be most successful. "What is special about CST is that we not only work with the youth involved, but their family as a whole. The family is the one who makes the decisions, with people

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Entrepreneur Visits MFC



By Susan Savetwith
Mohican News Reporter

Native Entrepreneur, Jayson Braveheart, recently visited the Stockbridge-Munsee Mohican Family Center to share his experiences with youth and families about breaking out the routine and becoming something bigger.

Braveheart's arrival coincided with Family Fun Night and the theme was Carnival with a meal, bounce house, games, and Braveheart as

a guest speaker

The featured speaker, Jayson Brave Heart, is the founder and CEO of the BraveHeart Group LLC. The BraveHeart Group improves the business practices of tribal governments and casinos by improving their accounting practices, providing forensic accounting services, precisely targeting marketing strategies, lowering insurance rates, and providing a wider variety of financing options.

Braveheart is widely recognized for changing the paradigm for Indian businesses; focusing on empowering tribes with improved business knowledge, rather than simply obtaining long-term contracts for his own company. He is a first generation Indian entrepreneur, and is a nationally recognized speaker on empowering young native entrepreneurs.

After graduating from Little Wound High School on Pine Ridge, Braveheart joined the United States Marine Corps where he traveled the globe, strengthened his character and determination, and opened his world. Since proudly serving his country, Brave Heart has been engaged in all aspects of business and entrepreneurship. For four years he owned his own successful medical services company. Brave Heart then took the knowledge and experience he acquired running his own company back

home to the Pine Ridge Indian Reservation where he served his Tribal nation as small-business success coach. Eventually Brave Heart was recruited to join one of his most successful clients, Native American Natural Foods.

At Native American Natural Foods, Braveheart became one of the most prominent faces and voices behind the marketing success of the traditional native food the "Tanka Bar." Known nationwide in Indian Country as the "Tanka Bar guy," Braveheart mastered marketing Indian Country businesses. Recognized for his excellence in business and marketing, Braveheart was recruited to run the marketing department for the Cheyenne Arapaho Tribe's casinos.

Working in the heart of Indian Country's strongest economic sector, gaming, Braveheart identified the glaring need for improved business knowledge and services and founded the BraveHeart Group LLC.

Braveheart talked to the group about his life experiences and then joined the youth in a talking circle. He said he was so awed and inspired to see families from small children up to elders all together and excited for the event at the Family Center.

Express your thoughts and opinions. Let your voice be heard. We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416
e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

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Band of Mohican Indians

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Mohican News welcomes articles, letters, photographs, and any publishable items of interest to Native Americans. All materials to be returned should be accompanied by a return self-addressed envelope with sufficient return postage.

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Gathering

We are hosting a Gathering of all of our relatives here in our park from July 22 – 26, 2015. The Historical Committee is sponsoring in part this educational, historical, renewal, healing event. More to come. Molly Save the Dates! Want to be involved contact Molly.

Molly Miller
Tribal Americorps Member serving Stockbridge-Munsee Family Services
Bowler, WI
715-793-4906
Text: 715-851-4991

Thank You

We would like to extend our heartfelt appreciation and gratitude to everyone who helped us during and after the loss of our Wife, Mother, Grandmother, Sister, Auntie, and friend, Sandra (Sandie) Martin. We apologize for not getting this out sooner. It was and still is a very difficult time for all of us. Please know that we did not forget all that our family, friends, and community have and continue to do for us. We would like to extend a special thank you to Dr. Shah, Dr. Fullington, Dr. Dalve, Barbara Stephenson,

Bowler Post Office Hours Changing

Beginning January 10, 2015 the Bowler Post Office will provide six hours of window service each weekday. The facility hours will be from 7:30 a.m. until 3:30 p.m. with lunch from 11:30 a.m. until 1:30 p.m. Monday through Friday. Hours on Saturday are from 7:30 a.m. until 9:30 a.m. Access to delivery receptacles will not change as a result of the POST plan realignment of weekday service hours.

Customers will have access to their mail receptacles 24 hours a day and Post Office Box mail will be available daily for pick-up by 10 a.m. Monday through Friday, and at 9:15 a.m. on Saturday. Sincerely, Rebecca Belter
District Coordinator

Mayo Clinic Staff, all who kept fire, the Stockbridge-Munsee EMT's, Tigerton Ambulance, everyone who brought food, and all those who stopped by to sit with her, visit with us, and all who lent a shoulder to cry on, arm to lean on, and ear to listen. Without all of you we would not be able to get through this. So, again, THANK YOU!!

The Family of Sandra (Sandie) Martin



Notice of Finding of No Significant Impact and Notice of Intent to Request Release of Funds

Stockbridge-Munsee Community
PO Box 70
Bowler, WI 54416
(715) 793-4219

These notices shall satisfy two separate but related procedural requirements for activities to be undertaken by the Stockbridge-Munsee Community.

REQUEST FOR RELEASE OF FUNDS

On or about July 15, of 2014 the Stockbridge-Munsee Community will submit a request to the United States Department of Housing and Urban Development for the release of Indian Community Development Block Grant #B-14-SR-6366 funds for FY 2015 \$600,000 which is allocated to undertake the "New Elderly Center Project".

FINDING OF NO SIGNIFICANT IMPACT

The Stockbridge-Munsee Community has determined that the project will have no significant impact on the human environment. Therefore, an Environmental Impact Statement under the National Environmental Policy Act of 1969 (NEPA) is not required. Additional project information contained in the Environmental Review Record (ERR) on file at the Stockbridge-Munsee Elderly Center located at N8651 Maplewood St., Bowler, WI and may be examined or copied weekdays 8:00 A.M. to 4:00 P.M.

PUBLIC COMMENTS

Any individual, group, or agency disagreeing with this determination or wishing to comment on the project may submit written comments to the Stockbridge-Munsee Elderly Center. All comments received by December 30, 2014 will be considered by the Stockbridge-Munsee Community prior to authorizing submission of a request for release of funds. Comments should specify which Notice they are addressing.

RELEASE OF FUNDS

The Stockbridge-Munsee Community certifies to the United States Department of Housing and Urban Development that Wallace Miller in his capacity as Tribal President consents to accept the jurisdiction of the Federal Courts

if an action is brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. United States Department of Housing and Urban Development's approval of the certification satisfies its responsibilities under NEPA and related laws and authorities, and allows the Stockbridge-Munsee Community to use Program funds. OBJECTIONS TO RELEASE OF FUNDS

United States Department of Housing and Urban Development will accept objections to its release of funds and the Stockbridge-Munsee Community's certification for a period of fifteen days following the anticipated submission date or its actual receipt of the request (whichever is later) only if they are on one of the following bases: (a) the certification was not executed by the Certifying Officer of the Stockbridge-Munsee Community; (b) the Stockbridge-Munsee Community has omitted a step or failed to make a decision or finding required by the United States Department of Housing and Urban Development regulations at 24 CFR Part 58; (c) the grant recipient has committed funds or incurred costs not authorized by 24 CFR Part 58 before approval of a release of funds by HUD; or (d) another Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objections must be prepared and submitted in accordance with the required procedures (24 CFR Part 58) and shall be addressed to the United States Department of Housing and Urban Development office at Ralph H. Metcalfe Federal Building, 77 West Jackson Blvd., Rm 2400, Chicago, IL 60604-3507. Potential objectors should contact the United States Department of Housing and Urban Development to verify the actual last day of the objection period.

Wallace Miller,
Tribal President

Home Rental

Accepting Applications
Beginning December 1, 2014

The Division of Community Housing, N8618 Oak Street, Bowler WI 54416 (715-793-4219) will start accepting applications to rent a three bedroom home located in the Red Springs area at: N8140 Big Lake Road.

The monthly rent is \$500.00 PLUS tenant PAYS ALL UTILITIES which includes heat and electricity. Heat is LP gas.

The home has a well & septic that is maintained by the Housing Department, an attached garage, all new appliances; stove, refrigerator, dishwasher and microwave and new flooring installed throughout the entire home.

There is NO Basement. There is no central air.

You can pick up an application from the Housing Office or call on December 1, 2014 to have one mailed to you.

Background checks are completed for Criminal & Drug related issues.

Food Drive Fridays = FREE PLAY

"North Star commits to helping provide food to neighbors"

Bowler, WI - North Star Mohican Casino Resort is gearing up to give back. Customers who bring in at least 2 non-perishable non-expired food items for our food drive will receive a \$10 dollars FREE PLAY!

Join in the annual tradition of North Star, named *Wisconsin's Best Casino* since 2012, in this food drive to help fill area food banks.

"North Star Casino is committed to giving back to our surrounding communities, we decided to extend our Annual Food drive from one week to the entire month of December and the month of January," said Marketing Director Dave Shubinski, "This is a unique way to include our customers in the opportunity to partner with us in the spirit of Giving."

If you are a food pantry that would like to be considered, please contact Toni Tourtillott at (715) 787-2544, for possible distribution.

After School Room Winter Beak Hours

The After School Room at the Mohican Family Center will be open from 1 p.m. to 8:45 p.m. during winter break with the exception of the Holidays.

Elder Wisdom



KelliAnn E. Boswell

KelliAnn E. Boswell, age 18 of Birnamwood, passed away on Sunday, November 23, 2014 as a result of injuries sustained in a car accident. KelliAnn was born on October 14, 1996 in Minneapolis to Hope LeMieux. KelliAnn was currently a senior at Wittenberg High School and worked at Jewel's Nail Salon. Having been told she had the voice of an angel, KelliAnn enjoyed singing in the choir. She liked to sew and hang out with her friends but above all she loved spending time with her niece and her dogs. KelliAnn was a wonderful young woman with a world of potential and will be

deeply missed by those that knew her.

KelliAnn is survived by her mom, Hope LeMieux of Birnamwood, a father figure, Job Moede of Bowler, her siblings, Michael (Daisy Rickert) Boswell, Jr of Mattoon, Brad (Tammy Treptow) Boswell of Shawano and Joseph (Olivia Sniegowski) Boswell of Shawano, her niece Valerie Boswell and her significant other, Kati Low of Birnamwood. She is further survived by her uncles, Mark (Renee) LeMieux of Minneapolis and Edward (Sara) LeMieux of Bowler.

KelliAnn was preceded in death by her grandparents, Joyce and Edward LeMieux, her dad, Gary Tousey, and her best friend, her dog, George.

A funeral service was held on Saturday, November 29, 2014 at the Stockbridge Bible Church with Rev. Ernie Geeting officiating. Burial will be in the Stockbridge Burial Grounds. Visitation was at the church on Friday, November 28, 2014 and again on Saturday till the time of the service. Swedberg Funeral Home assisted the family with the arrangements. www.swedbergfuneralhome.com

Stockbridge-Munsee Fire Dept. Recruiting

Stockbridge-Munsee Fire Department is looking for a few good members Interested in being a part of something? Willing to donate time for training? Always wanted to drive one of those big red trucks? The Stockbridge-Munsee FD is looking for three to four community members to join our team. Requirements are you must have a valid driving license, attend and complete a 96 hour certified Fire Fighting Class, and agree to the Bylaws and Standard Operating Procedures. Our department will be hosting the Certified Fire Fighter class starting February 7th; the classes will be on Saturdays (if we can get 12 people in the class); there will be class room and hands on training and participants will go to the burn tower in Merrill for final testing.

What does the Fire Department actually do? We not only respond to fire calls; we assist with the EMS when needed; search and rescue, check for gas leaks, install smoke alarms and Carbon Monoxide detectors; run fire drills; talk to Head Start on fire safety; we are weather spotters during severe weather; work with Housing in the

October Open House; participate in parades; assist elders; assist at traffic crashes; provide mutual aid with neighboring communities; and guard downed power lines to prevent injuries.

The Fire Department also hosts fund raising activities to raise money for parade candy and small items needed at the Fire Department.

If the above isn't enough to make you interested, then the training using live burns might pique your interest. The heat is almost unbearable but the instructors know what they're doing and they show some interesting flame activity and how to walk the flames back down the wall to the point of origin with the hose and a little bit of water.

From October 2013 until September 30, 2014 the Fire Department responded to 16 different types of calls. This was up from the year before (where we responded to 11 calls), the three years before that the Fire Department responded to an average of over 20 calls.

If you are interested in joining and becoming part of the team, stop in the Public Safety Building for an application.

On the Trail Home



Jacqueline Church

Jacqueline Joyce Church, 64, of Bowler, passed away on Nov. 27, 2014. Jacqueline was born on Nov. 2, 1950, in Frankfort, Michigan to the late Walter C. and Helena (Currie) Hoadley. On April 9, 1973, she married Dewey Bruce Church I in Menominee, Michigan. Jacqueline was a caring, giving,

selfless person who loved meeting new people and visiting with friends. She was also very artistic. In her free time, she enjoyed knitting, sewing, making quilts, gardening and farming.

Jacqueline is survived by her husband, Dewey; four children, Theodore Fraly, Traci Eickenroth, Sonya (Jeff) Neuman, and Dewey B. Church II; six grandchildren, Malachi, Jessica, Cody, Dillon, Griffon, and Dustin; as well as siblings, Thelma Yonkman, Susan Traxler, James Hoadley, and Theodore Hoadley.

She was preceded in death by her parents; a sister, Anna; and a brother, Carl.

A funeral service for Jacqueline was on Thursday, Dec. 4, 2014, at the Swedberg Funeral Home in Gresham with the Rev. Ernie Geeting officiating. Visitation was held at the funeral home on Wednesday, Dec. 3, 2014, on Thursday until the time of the service.



Connie Smith

Consuelo B. "Connie" Smith, 74, of Mattoon, formerly of Mukwonago, passed away on Thursday, November 20, 2014, surrounded by her family.

On Nov. 29, 1958, Connie was united in marriage to Walter J. Smith Jr. in Douglas, Arizona. He survives. She retired from the Mukwonago School District after 20-plus years. The couple then moved to Mattoon. They enjoyed their life together, traveling, going to different casinos but mostly spending time with family. Her faith, family and friends were her priorities. She enjoyed going out

to dinner and to casinos with her husband, going to her daughter's house on the lake and spending time with her grandchildren. She also was an interpreter for many patients and also was a member of St. Joseph Holy Family Catholic Church in Phlox.

Connie is survived by her husband, Walter; her son, DuWayne (Sandra) Smith, of Antigo; daughter, Barbara (Thomas) Tetting, of Shawano; grandchildren, Robert, Tiffany, Caden and Tristan; and great-grandsons, R.J. and Walter IV. She is also survived by her sisters, Maria Mercedes and Elizabeth Theriot, and brothers, Juan, Jesus, Abel and Andrew.

She was preceded in death by her son, Walter III, and her parents, Juan and Estefana Betancourt, and a sister, Linda Chevalier.

The funeral Mass was celebrated on Monday, Nov. 24, 2014, at St. Joseph Holy Family Catholic Church, Phlox. The Rev. Charles Hoffmann officiated. Interment will be in Holy Family Catholic Cemetery, town of Hutchins, Shawano County. Visitation was held on Sunday at Schmidt & Schulta Funeral Home, Birnamwood, and on Monday until the time of services at the church.

Online condolences and memories may be shared at schmidtschulta.com.

COLD WEATHER INCREASES RISK OF CARBON MONOXIDE POISONING

Properly Maintained and Working Home Heating Devices and Carbon Monoxide Detectors Save Lives

MADISON—The National Weather Service predicts this could be the coldest November on record for parts of Wisconsin. That means furnaces, fireplaces, and other heating equipment will be getting a work out, and the Wisconsin Department of Health Services (DHS) wants to remind residents to take action to avoid carbon monoxide poisoning.

“As soon as colder weather arrives, we begin to see more emergency room visits due to carbon monoxide poisoning,” said Karen McKeown, State Health Officer. “To prepare for winter weather, Wisconsin residents should ensure their source of heat and their carbon monoxide detectors are in good working order.”

On average, carbon monoxide poisoning sends about 450 people per year to the emergency room in Wisconsin, according to the Wisconsin Environmental Public Health Tracking Program. These trips to the ER for carbon monoxide poisoning are preventable when people are prepared.

This advice also applies to the thousands of deer hunters who may soon be camping in cabins, recreational vehicles, or tents.

“First, gasoline or propane heaters should never be used in a home, cabin, tent, recreational vehicle, or anywhere without ventilation,” McKeown stated. “Grills, be they gas or charcoal, should NEVER be used indoors as a heating source.” While carbon monoxide detectors are required in Wisconsin residences, McKeown also encourages hunters and other campers to invest in a battery-powered carbon monoxide detector for use in cabins, tents, RVs, or wherever they may be camping.

Other safety tips to avoid carbon monoxide poisoning:

- **Make sure you have working carbon monoxide detectors.** All homes and duplexes in Wisconsin are required to have detectors on every level, including the basement, but not the attic or storage areas. Detectors can be purchased at most hardware stores.

- **Have your furnace or wood-burning stove inspected annually.** Hire a professional to make sure it is functionally sound and vents properly outside the home.

- **Never run a car in an enclosed space.** If a vehicle is running, you must have a door open to the outside.

- **Generators should be run a safe distance from the home.** Never run a generator in the home or garage, or right next to windows or doors.

At high levels, carbon monoxide can cause death within minutes. Symptoms of overexposure to carbon monoxide include headaches, fatigue, dizziness, shortness of breath, nausea, and confusion. If you suspect you may be experiencing carbon monoxide poisoning, or your detector sounds an alarm, head outside immediately for fresh air and call 911.

For more information about carbon monoxide, visit: <http://www.dhs.wisconsin.gov/epht/CO/index.htm>

To view the carbon monoxide detector requirements for Wisconsin, visit: https://docs.legis.wisconsin.gov/code/admin_code/sps/safety_and_buildings_and_environment/326_360/328.pdf

To learn more about properly installing a carbon monoxide detector, visit: <http://dps.wi.gov/Documents/Industry%20Services/Forms/Fire%20Prevention/Publications/SB-FormFirePrevCOAlarms10882.pdf>



Young Ancestor out East is Laid Back to Rest

By Bonney Hartley

This article is the first in a regular series of updates sharing news from the work of Historic Preservation's New York office:

After a year of training with the Historic Preservation office, I've been relocated from Wisconsin to Troy, New York near Albany. It has been a long time goal to be more effective in protecting Mohican sites since nearly all of our work takes place here across New York, New Jersey, Massachusetts, Vermont, Connecticut, and Pennsylvania.

It is an exciting experience to be able to return to our homelands, and I will be writing articles, generally monthly, to share more with the community on the work taking place.

Historic Preservation includes so many interesting aspects: the main one that I work on is complying with Section 106 of the National Historic Preservation Act.

Under this law, we review project plans to ensure that Mohican sites and cultural resources are protected on federal projects. Living here, I will get to work more hands-on with people and visit sites directly.

Other parts of Historic Preservation's work are public education, research, and working with museums to repatriate cultural items under the Native American Graves and Repatriation Act (NAGPRA).

As a first update of our efforts, I wanted to highlight one recent project, a reburial: In early November, Tribal Historic Preservation Officer Sherry White, Tribal Council member Jeremy Mohawk, and I conducted a reburial of a Native American human remain near Poughkeepsie, NY.

The human remain was estimated to be a teenaged girl. As she is likely to be Mohican or otherwise affiliated to our tribe, Sherry had worked in a multi-year process along with the landowner, State agencies, and archeologists with the goal of protecting her.

The protocol of Historic Preservation, under guidance from the Historic Preservation Committee and the Tribal Council, is to not disturb burials whenever possible and instead to leave them



in place. However, despite best efforts that was not possible for this project. If we did not move the ancestor, the construction backhoe would have done it instead.

We wanted to inform the community that this reburial happened and that it was done in the most respectful way possible. A hawk watched the archeologists during their work. Jeremy Mohawk offered a ceremony, though, it was noted that there is no “reburial ceremony” in our traditions, as we would not have reburied people. However, Jeremy relied on his teachings and heart to carry it out.

We were able to follow protocol by having the excavation procedures changed to respect our wishes not to have any testing done that the archeologists normally would do, such as photographs and measurements being taken. She was simply removed from one location and moved to another location in close proximity.

The landowner agreed to establish a substantial buffer zone around the new site and to agree to no development in that area.

Due to the unfortunate threat of grave robbers, and as Mohican News is a public source, we are unable to publish more details on the site or the project specifics. For this reason there is no grave marker either. However, any tribal member can feel free to inquire more about the reburial by reaching out to Historic Preservation directly by stopping by the office or calling Sherry at 715-793-3970.

If you have ideas for what you would like me to write about please contact me at bonney.hartley@mohican-nsn.gov or 518-326-8870. I look forward to sharing more from the homelands.



Bowler Elementary students wait patiently in line to get their gifts wrapped by high school students recently at Santa's Workshop, an event coordinated by the school's parent organization.

Smoke cont from page One:

440,000 people die every year of tobacco related illnesses. "For the Stockbridge-Munsee Community, that would be like four people every five days per year," Axt added.

He said cigarettes are the only product that, when used as directed, kill 50 percent of users; 25 percent of the community will die from smoking related illnesses; smoking has a greater economic impact than obesity; and it is one of the top two economic impacts; the other is war. "Cigarettes cause as much economic harm on the world as war does," Axt emphasized.

According to Axt, 3/4 of smokers consider quitting each year. "People know it's not good, it's harming them, but the addiction keeps them from quitting and it's reinforced by habits and social cues," Axt explained. He said three things help smokers quit; medications, knowing triggers, and support.

He said the medications available

CST cont from page One:

on their team as support so they have people to rely on and so they know they are not alone. People on their family team can be formal or informal supports meaning they can be professionals who are working with the family, people in the community, and family," DeNasha explained.

DeNasha will be coordinating services from the Stockbridge-Munsee tribe, and Bowler and Gresham schools to help make it easier for youth and families in the community to navigate what is available to them. He says his goal as the WCST Coordinator are to help, inform, and educate services in the area on establishing a "team approach" to working with the youth and their families.

DeNasha is an enrolled member of the Stockbridge-Munsee tribe and has lived in the community since around the age of five. He went off to the University of Wisconsin-Stevens Point after high school and obtained his Bachelor's Degree in 2013 majoring in Social Work. "What made me pursue a career in Social Work was the opportunity it would give me to work with people in all different aspects of their lives," DeNasha Said.

After graduating from UW-Stevens Point, DeNasha worked at two agencies before coming back to Stockbridge-Munsee Reservation. The first agency he worked at

such as nicotine replacers and antidepressants can help reduce the symptoms of nicotine withdrawal. Axt said as part of the smoking cessation program, they talk to patients and encourage them to identify their triggers and plan on how to handle them without smoking a cigarette. He gave examples of triggers like, smoking after meals, when drinking coffee, starting the car, going on break, etc. Lastly, Axt said it's important to have the support of people you can count on to give you encouragement. "These people may need help to learn what is helpful and not create triggers unintentionally," Axt explained.

Axt says, "If you want to quit smoking, contact the Stockbridge-Munsee Health and Wellness Center Pharmacy and set up an appointment to sit down with either me, or Katie Cerney; you'll need 45 minutes to an hour to review the program and come up with a plan to help you be successful."

straight out of college was a non-profit organization where he worked with individuals with disabilities. That agency provided information and referral services, advocacy, independent living skills training, and peer support. Next, he worked for Menominee County Human Services in the Children, Youth & Family Services Unit. He says he jumped at the opportunity when he heard about the WCST position because it meant working in the community that he is from and doing something positive.

Some of the things he enjoys doing in his free time are spending time with his wife and family, singing at pow-wows, photography, and keeping an active lifestyle. "I'm very enthused and honored to be in this new position and look forward to collaborating with people in this community," DeNasha said. In addition he commented that although he grew up on the reservation, he's still discovering all the different programs that are available to community members and there are still a lot of resources here and in the surrounding communities that are easily accessible. "Although resources are available, the key is educating and informing people about them," he said.

If you have questions about the program or what a WCST is, contact John DeNasha at 715-793-3000.

For anybody who changes their principles depending on who they are dealing with, that is not a person that can lead a nation.

South African Counsel Member

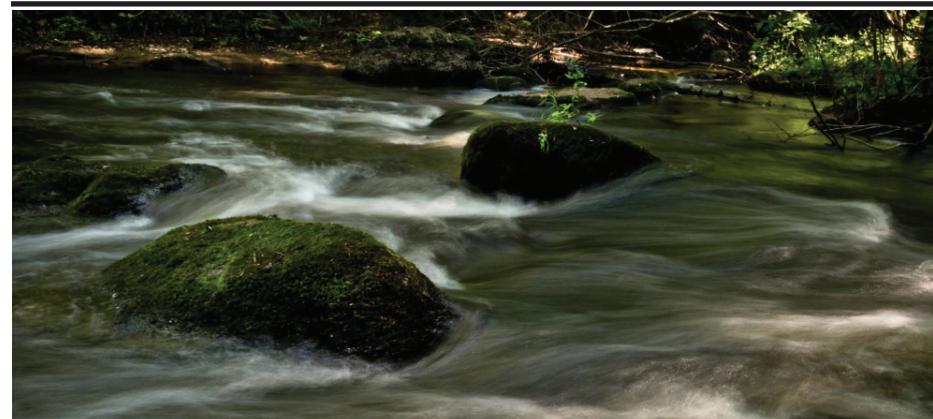


Stockbridge-Munsee Family Services would like to Wish the S/M Community a Merry Christmas and a prosperous New Year

- Kori Price- Family Service Manager
- Jan Redcloud- Client Services Advocate
- LaiLonnie Kowoski- Youth Activities Supervisor
- Linda Rudesill- Youth Activities Worker
- Andi Weber- Teen Prevention Worker
- Joe Pecore- Community Activities Coordinator
- Skylar Hill- Tutor
- Vaughn Miller- Tutor
- Carol Komenakin- Tutor



Mohican Veteran's donated \$250 to the Gift Giving Tree as a community service. Vice Commander, Roger E. Miller with Rolanda Bierman, Elizabeth McDowell, and Rose Strege.



The Mohican Writer's Circle is looking for poems, short stories, and artwork from Stockbridge-Munsee Tribal Members and friends of the Stockbridge-Munsee Community.

That Are Never Still.

Please submit your work by January 15, 2015. Selected work will be published in our literary journal: *Collections of the Waters*

A drop box is located at the Arvid E. Miller Library/Museum (Resv Highway 21, Bowler). Submissions can also be mailed to the Library at:
P.O. Box 70
Bowler, WI 54416
Or emailed to Mark Shaw at: mark.shaw.red@gmail.com



NCAI Responds to AG Report on Native Youth and Violence; Cladoosby Calls for National Action to Protect Native Children

WASHINGTON, DC – Today, the National Congress of American Indians called for a national mobilization of government and civil society resources to address high rates of violence experienced by American Indian and Alaska Native children. The organization's swift response comes on the heels of the release of the report - *Ending Violence So Children Can Thrive* – authored by the Attorney General's Advisory Committee on American Indian/Alaska Native Children Exposed to Violence. Former NCAI President Jefferson Keel, Lt. Governor of the Chickasaw Nation, served as a member of the committee, along with a diverse group of nine tribal leaders and scholars, and chair of the Committee, former Senator Byron Dorgan (ND).

NCAI's current President Brian Cladoosby released the following statement:

"The report provides a very strong set of recommendations for action by the Obama Administration and by Congress. This grabs the heart. We call on the federal government, and tribal governments, as well as civil society to ensure that we are putting our children's needs first. "NCAI calls on Congress to hold hearings in early 2015 to address the Report's recommendations. Additionally, the challenges and opportunities facing our Native youth should be a central focus during the President's upcoming Tribal Nations Conference this December.

"Without action, our Native youth will remain vulnerable and they will continue to be exposed to harm. We must address

this severe problem as an American family of governments – federal governments, state and local governments, and tribal governments. Even more importantly, we must address this as communities, families, parents and grandparents, and as adults, who know all too well the challenges of growing up in difficult environments. "

Over the past two years, the Attorney General and the Advisory Committee on American Indian and Alaska Native Children Exposed to Violence examined the current epidemic of violence facing Indian Country and in their report advanced recommendations to heal and protect American Indian and Alaska Native children—to create environments where they can thrive and reach their full potential. At the core of the matter is the need to reduce the barriers that restrict tribal sovereignty in the protection of Native children.

The Advisory Committee has identified the following areas of need:

A Permanent Voice for Native Children

- The Committee recommends that no later than May 2015 that a permanent fully staffed Native American Affairs Office within the White House Domestic Policy Council, including a staff person focused on Native youth.

Supporting Tribal Self-Determination in Combating Violence

- Tribal self-government must form the foundation for protecting Native children. The Advisory Committee recommends



Attitudes Are Changing

Drinking and fun used to go hand in hand in many people's minds. But that old idea is changing.

Many people today believe... You don't have to drink to have a good time.

Studies show that many people don't drink at all.

You most definitely don't have to drink to have fun!

You can maximize the positive things you get in life and minimize the negative.

In fact, negative consequences from drinking can span a range of problems and basically show that ...

Getting drunk can really suck

If you or someone you know has experienced some of the problems drinking can cause, you already know they're not fun.

Who wants to:

- . Puke?
- . Injure yourself, or someone else?
- . Say or do something embarrassing?
- . Not remember the embarrassing thing you did...but everyone else does?
- . Have a major hangover?

A little planning and a few smart skills can keep you out of situations that might lead to problems. Be safe for the Holiday season.

that Congress should restore the inherent authority of tribal governments to assert full criminal jurisdiction over all persons who commit crimes against children in Indian Country. It is important to build on the success of the Violence Against Women Act, and extend the law to protect Native children.

Intergovernmental Cooperation in Child Welfare Provision

- Encourage tribal-state ICWA collaborations- ICWA provisions

seek to keep Native children safely in their homes and provide AI/AN children with civil protections as members of their respective tribes.

Building Legal Infrastructure in Indian Country

- Tribal courts must be enhanced and sustained; where absent, they must be developed.

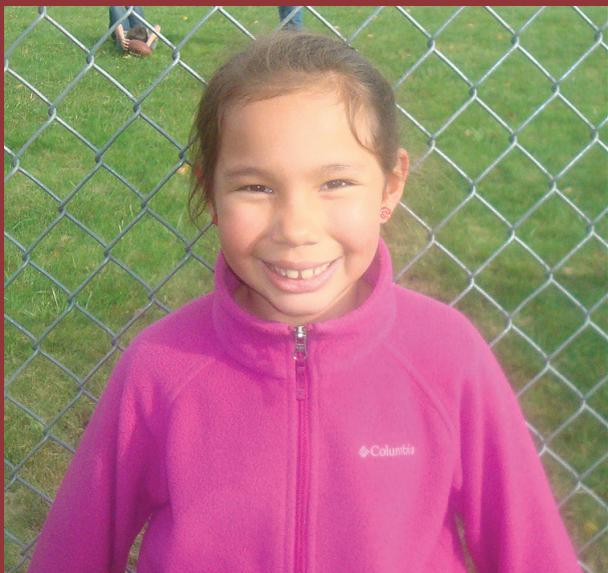
- There is an identified need to fund tribal criminal and civil justice systems. This is a crucial investment for our children.

December 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
15 OPEN ROOM AND CHRISTMAS CRAFTS 6-8:00 PM 	16 PRSCRIPTION DRUG USE AND ABUSE 6-7:00 PM 7 TH -12 TH	17 KIHKAYUW LEADERSHIP GROUP (AFTER BASKETBALL PRACTICE) 9 TH -12 TH GRADES FAMILY FUN NIGHT 5-8:00 PM	18 TALKING CIRCLE 6-7:00 PM 7 TH -12 TH	19 LOCK-IN 7 TH -12 TH GRADE 8PM-8AM	20 CLOSED
22 WARRIOR CIRCLE 5TH-12TH GRADE 6-7:30 PM	23 OPEN ROOM AND CHRISTMAS CRAFTS 6-8:00 PM 7 TH -12 TH	24  CHRISTMAS EVE CLOSED	25  CHRISTMAS DAY CLOSED	26 MOVIE NIGHT IN LOBBY WITH MFC STAFF	27 CLOSED
29 TWEEN NIGHT 5:30-8:00 PM	30 TEEN NIGHT 5:30-8:00 PM 7 TH -12 TH	31  ROOM CLOSED	1 HAPPY NEW YEARS DAY  ROOM CLOSED	2 MOVIE NIGHT IN LOBBY WITH MFC STAFF	3 CLOSED

EVENTS SUBJECT TO CHANGE ANY QUESTIONS PLEASE CONTACT ANDI WEBER: 715-793-4085

SCOOP ON OUR COMMUNITY KIDS



Melaina Granquist is 7 years old. Her parents are Tony and Maunee Granquist. Her grandparents are Yvette Malone and Randeau Granquist. Her favorite color is pink. She says she likes to read, write, play basketball, and monster high dolls. When she comes to the ASP/MFC she likes to play computer games, gym time and snack!



Thomas Kazik II is seventeen years old. He is from the S-M community. Jerilyn Johnson and Tom Kazik are his parents. His grandparents are Mabel Miller, Ellie and Melvin Kazik. He says his favorite color is red and he loves sports. He goes to Bowler school and is in the Class of 2015. College is in his future!



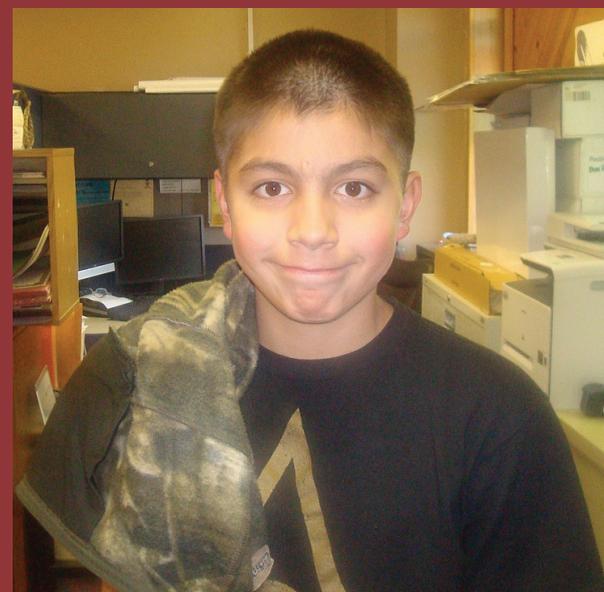
Benjamin Doc Miller is 6 years old. His parents are Lucas and Sarah Miller. His grandparents are Jeff and Patty Miller and Ed and Patsy Elmergreen. His favorite color is orange. He says, "I like to find cool rocks and play sports! I like to play with my friends and learning."



Patty Mommaerts is 17 and is from the Stockbridge rez. Seralee Jagemann is her mom. Patricia Gardner is her grandmother. She is a fan of the color is green and listening to music. She comes to the ASP because it helps her in different ways. She will be graduating from Gresham in the class of 2015. She hopes to continue her education to study to become a lawyer.



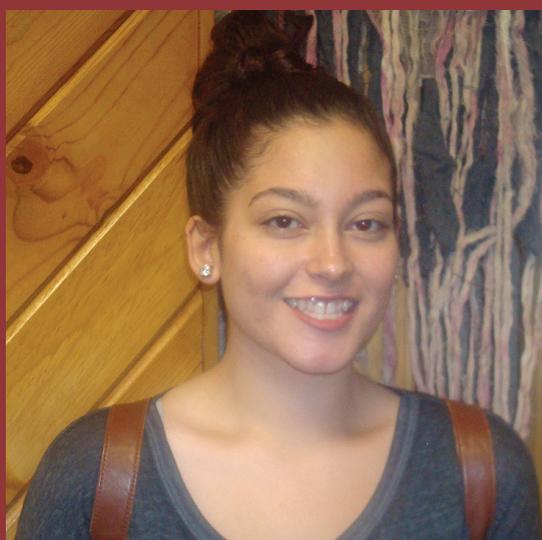
Family Services
After School Program
Teen Prevention Program



DeSahn Welch is 12 years old. He is from Stockbridge! His spirit name is, "he who works for the people." His parents are Destiny Welch and Dana Rockman. His grandparents are Lynne Welch and Bert Davids. Red is his favorite color. He likes to be active and is an awesome climber! When asked what he likes about the ASP he said "the good hearted staff."



Chloe Wescott is 6 years old. She likes to play at the park and with her toys. In the ASP she enjoys the classroom and playing in MFC's gym. Her favorite color is red. Her parents are Chenoa Martin and Christopher Wescott. Her grandparents are Lenore, Pun'kin and Mike Shepard and Ronald and Lulu Wescott.



Stevie Tousey is 17 and will graduate from Bowler with the Class of 2015! She wants to go to NTC in Shawano to do her general studies and then go on to become an R.N. she has already completed her home health aide training. Her parents are Kelly Wamboldt and Steven Tousey. Her grandmother is Betty Wamboldt, and Betty and Duke Tousey were her great grandparents. Her favorite color is baby blue, she likes to do beadwork and comes to the ASP/MFC for the fun things to do.



**Seeking original plays by
Native American playwrights
1st WI Native American
Playwright Festival**

Deadline: Feb. 2, 2015

Explore your Creative Side with the Oneida Nation Arts Program

Plays selected for the Festival will be featured in a staged reading and reception on Friday, February 27 at the Norbert Hill Auditorium in Oneida, WI, at 7:00pm. Selected playwrights will receive a \$20 Oneida Retail gift card. The best plays may win a full production at the opening of the Oneida amphitheater. For application and submission guidelines, go online to www.oneidanationarts.org/native-playwright.html or request the guidelines by email from Sherrole: sbenton@oneidanation.org or (920) 490-3832.

This program is made possible with funding from Wisconsin Arts Board, National Endowment for the Arts, and Oneida Tribe of Indians.



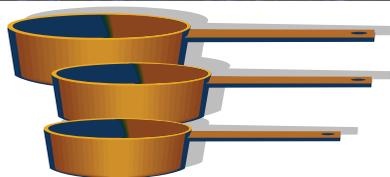
NATIONAL
ENDOWMENT
FOR THE ARTS



The Early Albany Hudson River Festival with Henry Hudson's Half Moon Replica Ship and European reenactors in period clothing. It makes one ponder, "What would our lives be like if this never happened?" (Photos from the September out East trip)



Community



New Sauce Pans & Skillets Show

Welcome to our first addition of Sauce Pans & Skillets Show with Chicken

Learn to cook low cost meals with chicken while on a budget

Combining 3 Programs from the Stockbridge-Munsee Tribe

Date: January 28, 2015

Place: Food Distribution Building

Time: 5 p.m. to 7 p.m.

Set back and watch with tea and taste test

Get recipes that are Nutritional, low cost and taste good

For more information please call:

- Margie Pieper; Nutritionist (Community Health) Phone: 715-793-5006
- Seralee Jagemann: CHR Diabetes/FNP Educator (Community Health) Phone: 715-793-5064
- Jill Duffek: Food Distribution Supervisor (Economic Support) Phone: 715-793-4941
- Jan RedCloud: CSA (S/M Family Services) Phone: 715-793-4863



ATTENTION HOME OWNERS PLEASE READ 2014-2015 ENERGY ASSISTANCE RECIPIENTS

If you are a homeowner please provide the Energy Assistance office **proof of your home ownership to be kept on file.** In the event that you should need a furnace repair or replacement, home ownership documentation is required before any service can be provided.

This is not mandatory, but would help avoid a delay, if you were to need Emergency Assistance repair service for your furnace in the future.

We will not be able to provide you with Emergency Assistance repair service for your furnace

until we have proof of home ownership on file for you.

Examples of home ownership are:

- Proof of homeowners insurance
- Mortgage statement
- Deed/Title to home
- Bill of sale
- Satisfaction of Mortgage letter

Please call any of the following people listed below if you have any questions:

Rose Strege @ 715-793-4862

Rolanda Bierman @ 715-793-4860

Elizabeth McDowell @ 715-793-4885

Were it left to me to decide whether we should have a government without newspapers or newspapers without government, I should not hesitate a moment to prefer the latter.

Jefferson, Letter 1787

Binge Drinking

from Pastor Susan Phillips

First Presbyterian Church/Shawano

Wisconsin has made progress in recent years at reducing drunk driving accidents and fatalities,

by county is at: <http://www.dhs.wisconsin.gov/stats/aoda.htm>

Cost of binge drinking to every Shawano County resident = \$1,100 in 2011

So, let's start the discussion! What thoughts come to mind

Cost of binge drinking to every Shawano County resident

=\$1,100 per person in 2011



yet binge drinking continues to be a significant problem. Our state ranks as having the worst binge drinking habits.

One problem is created when alcohol is misused. A drink is defined as:

- 12 ounces of beer
 - 5 ounces of wine
 - 1.5 ounces of 80 proof alcohol
- Moderate alcohol consumption is defined as up to one drink a day for women and up to two drinks a day for men.

when you read these statistics?

Facing the problem of binge drinking in our communities by encouraging conversation about responsible adult drinking habits and reducing youth alcohol use are goals of the Healthy Shawano-Menominee County AODA Workgroup. The Workgroup began as a committee of Shawano County Public Health Department's community leadership program.

National average for alcoholic drinks consumed when binge drinking.



Local average.



Any alcohol used by a pregnant woman or a person under 21 years of age is considered excessive alcohol use!

Binge drinking is defined as 4 or more drinks in a row for women and 5 or more drinks in a row for men. Binge drinking is also expensive for our communities. The annual cost of excessive alcohol use in 2011 in Shawano County was **\$46.7 Million** and in Menominee County **\$6.5 MILLION**. Binge drinking is responsible for 76% of this cost. Information for Wisconsin



5 in a row is binge drinking.

Six signs have been created and will be installed around Shawano County that we hope will start some conversations about healthier choices. A separate set of signs, which were created by Maehnow Pmatesen, will be installed in Menominee County. A discussion guide is available online at: <http://tinyurl.com/puchlbz> and at local businesses. This project has received generous support from ThedaCare's Community Health Action Team and the Mielke Family Foundation.

On November 30th fifteen people attended a meeting with Rachel Wheeler (author of To Live Upon Hope: Mohicans and Missionaries in the Eightieth-Century Northeast) at the Church of the Wilderness. Rachel shared some of her research on Mohican-Moravian hymns. She wanted to find out the communities interest in a collaborative project. There was an exciting discussion and information on the history of hymns



by Brent Michael Davids. Pictured is Brent Michael Davids, Rachel Wheeler and Pastor Melinda Shriner.

LEGACY REPORT FINDS EXTREMELY HIGH RATES OF TOBACCO USE AMONG AMERICAN INDIANS

A report from the Legacy Tribal College Health Survey highlights tobacco-related tribal health disparities and calls for more tribe specific data

Washington D.C. - A new report from Legacy® and the Inter-Tribal Council of Michigan (ITCM) examines tobacco-related health disparities among three different American Indian (AI) tribes. The purpose of this research was, in part, to accentuate the heterogeneous characteristics of American Indian populations, but also to build capacity at the local level to collect and analyze data. The **Legacy Tribal College Health Initiative** (TCHI), a community-based research project, was established to work towards this goal of gathering tribe-specific tobacco prevalence data.

The research found that not only are there disparities among American Indian tribes, but also between AI populations and the general American population. American Indians suffer from the highest poverty rates and lowest educational achievement amongst all racial groups, putting them at bottom of the socioeconomic ladder. In addition, American Indians also report the highest smoking rates of any U.S. subpopulation, sometimes with rates double that of the general population. Unfortunately, tobacco control in Indian/Alaska Native (AI/AN) populations is severely underfunded and untailed toward AI/AN smokers. Additionally, tribes do not receive state funds to fight tobacco use, and tobacco products sold to AI/AN tribes are taxed at rates lower than elsewhere in the United States. Tobacco companies have jumped on this opportunity to market heavily to American Indians and exploit tribal images and culture to appeal to AI/AN populations. Therefore, report highlights the critical need for appropriately tailored prevention and cessation programs to effectively reduce the disproportionately high smoking rates among these populations. The following key findings from the report show the high rates of smoking among American Indians in three tribes that participated in this survey:

EXTREMELY HIGH RATES OF SMOKING AMONG AMERICAN INDIAN ADULTS

45.7 percent of the adults in the tribe from Bemidji Area Indian Health Service Region; 50 percent in the tribe from Aberdeen Area Indian Health Service Region; and 60 percent in the tribe from Billings

Area Indian Health Service Region smoke.

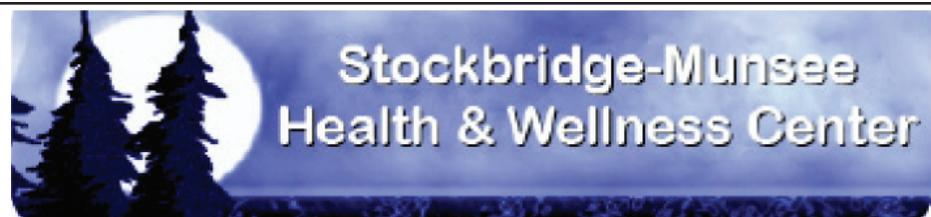
VERY HIGH RATES OF SMOKING AMONG WOMEN

The report found that 51 percent of women in the tribe from Bemidji Area Indian Health Service Region, 50.8 percent of women in the tribe from Aberdeen Area Indian Health Service Region smoke and 69 percent of women in the tribe from Billings Area Indian Health Service Region smoke.

Another goal of the **Legacy Tribal College Health Initiative** Report is to showcase the value of Community-Based Participatory Research (CBPR). The American Indian and Alaska Native Health Research Advisory Council (HRAC) at the U.S. Department of Health and Human Services recommends "increasing AI/AN researchers, increasing the amount of community-driven research, and increasing the capacity of AI/AN Tribal governments to conduct their own research and implement programs based on findings from their research." The CBPR is an attempt at just that. Stemming from work on social psychology and philosophy, the CBPR emphasizes "community engagement, mutual learning, action-reflection, and a commitment to sustainability" in order to achieve social change and improve health.

In the same vein as the CBPR, the TCHI created the Adult Tobacco Survey Tailored to AI Communities. This survey was created in consideration of the cultural significance of tobacco as well as sensitivity around the history of American Indians and the U.S. government. "The AI ATS tool distinguishes between commercial and ceremonial tobacco use, it is designed to be administered using in-person interviews, and it is designed to be adaptable, allowing tribes to tailor it to their needs." Furthermore, tribes receive ownership of the survey results, which allows them to implement their own strategies and apply for grants themselves, without outside pressure.

Tobacco use is not an equal-opportunity killer, and it usually affects the most vulnerable members of our society. Since its inception, Legacy has been committed to highlighting and addressing the tobacco-related health disparities among socially



Join the Many Trails Walking Club

I'm not telling you it's going to be easy, I'm telling you it's going to be worth it!

Art Williams (1942 -)

Seralee Jagemann
Community Health Representative
Stockbridge-Munsee Health & Wellness Center
Phone 715-793-5064

Flu Shot Remains The Best Protection Against Influenza This Holiday Season

MADISON -- As families plan holiday events, state health officials remind Wisconsin residents that getting a flu shot remains one of the best ways to protect yourself and your family – from infants to grandparents – against getting the flu and potential complications. According to the Centers for Disease Control and Prevention, everyone aged six months and older should be vaccinated annually.

"By getting a flu shot, you are not only protecting yourself, you are also protecting loved ones who may be in a high-risk group," said Karen McKeown, State Health Officer. "Getting a flu shot now may help protect against the flu during the upcoming holiday season – it's not too late," McKeown said.

Influenza levels are rising, with some 192 influenza-associated hospitalizations, including children, adolescents and adults, already reported in Wisconsin so far this influenza season. Of those hospitalized with influenza, 63 percent were aged 65 and older.

Influenza can range from mild to severe, and in some cases can cause life-threatening complications. Symptoms can come on quickly and include fever, headache, dry cough, sore throat, nasal congestion, body aches and tiredness. If someone does get the

flu after getting vaccinated, it is more likely to be a milder case.

To get your flu vaccine and vaccine for your family, contact your health care provider, pharmacy, local public health department or tribal health clinic, or go to www.flu.gov to find a flu vaccination center near you.

Health officials also suggest these important steps:

- Wash your hands often with soap and water, or use an alcohol-based hand sanitizer.
- Cover your cough or sneeze with your upper sleeve, and try to avoid touching your face with your hand. If you use a tissue, throw it away after one use.
- Use your own drinking cups and straws.
- Avoid being exposed to people who are sick with flu-like symptoms.
- Eat nutritious meals, get plenty of rest and do not smoke.
- Frequently clean commonly touched surfaces (e.g., doorknobs, refrigerator handle, telephone, faucets).

If you think you have the flu, call your doctor. Stay home, rest, drink plenty of liquids, and avoid using alcohol and tobacco.

For more info, visit <http://www.dhs.wisconsin.gov/communicable/influenza/>.

disadvantaged groups, including AI/AN populations. Learn more about Legacy's work on addressing tobacco-related health disparities. To read the full report, click here. *Legacy envisions an America where tobacco is a thing of the past, where all youth and young adults reject tobacco use. Legacy's proven-effective and nationally recognized public education programs include truth®, the national youth smoking prevention campaign that has been cited as contributing to significant declines in youth smoking; EX®, an innovative public health program*

designed to speak to smokers in their own language and change the way they approach quitting; and research initiatives exploring the causes, consequences and approaches to reducing tobacco use. Located in Washington, D.C., the foundation was created as a result of the November 1998 Master Settlement Agreement (MSA) reached between attorneys general from 46 states, five U.S. territories and the tobacco industry. To learn more about Legacy's life-saving programs, visit www.LegacyForHealth.org.

Are You Ready for Christmas? ReadyWisconsin has simple tips to keep the holiday safe

(MADISON) – The joys of the holidays are all around us, but so are the dangers. An average of six deaths and more than 20 injuries occur annually as a result of home fires started from Christmas trees, according to the National Fire Protection Association (NFPA). By taking a little TLC...Tree, Lights and Candle Safety...you can help ensure a safe and happy holiday season for your family.



retardant and placed away from heat vents.

T is for Tree:

Selecting a Tree for the Holiday Needles on fresh trees should be green and hard to pull back from the branches, and the needle should not break if the tree has been freshly cut. The trunk should be sticky to the touch. Old trees can be identified by bouncing the tree trunk on the ground – if many needles fall off, the tree has probably dried out and is a fire hazard.

Caring for Your Tree Do not place your tree close to a heat source, including a fireplace or heat vent. The heat will dry out the tree, causing it to be more easily ignited by heat, flame or sparks. Be careful not to drop or flick cigarette ashes near a tree. Keep the tree stand filled with water at all times.

Disposing of Your Tree Never put tree branches or needles in a fireplace or wood-burning stove. When the tree becomes dry, discard it promptly. The best way to dispose of your tree is by taking it to a recycling center or having it hauled away by a community pick-up service.

Artificial Christmas Trees If you are using a metallic or artificial tree, make sure it is flame retardant.

L is for Lights:

Maintain Your Holiday Lights Inspect holiday lights each year for frayed wires, bare spots, gaps in the insulation, broken or cracked sockets, and excessive kinking or wear before putting them up. Use only lighting listed by an approved testing laboratory.

Do Not Overload Electrical Outlets Do not link more than three light strands unless the directions indicate it is safe. Connect strings of lights to an extension cord before plugging the cord into the outlet. Make sure to periodically check the wires – they should not be warm to the touch. Do not leave holiday lights on unattended.

Use Only Nonflammable Decorations All decorations should be nonflammable or flame

C is for Candle:

Avoid Using Lit Candles. Candle use increases the incidence of holiday fires. If you do use them, make sure they are in stable holders and place them where they cannot be easily knocked down. Never leave the house with candles burning. Keep candles at a height where children and pets cannot reach them. Consider using flameless candles that provide the appearance and glow of a candle but are safely battery operated.

Never Put Lit Candles on a Tree. Do not go near a Christmas tree with an open flame – candles, lighters or matches.

Finally, as in every season, have working smoke alarms installed on every level of your home, test them monthly and keep them clean and equipped with fresh batteries at all times. Know when and how to call for help, and remember to practice your home escape plan.

ReadyWisconsin is a campaign from Wisconsin Emergency Management with a mission to prepare individuals, families and businesses for emergencies and disasters. For additional winter safety tips, visit <http://ReadyWisconsin.wi.gov> or follow us on Facebook (www.facebook.com/ReadyWisconsin) and Twitter (www.twitter.com/ReadyWisconsin).



Wisconsin Medical Society Foundation

Amy Hunter-Wilson, MD
Scholarship Application

Purpose

The purpose of the Amy Hunter-Wilson, MD Scholarship Fund is to assist American Indians who pursue training or advanced education as doctors of medicine, nurses, or in related health careers. Award amounts are determined based on the student's field of study and financial need and will vary depending on the number of eligible applicants and funds available.

Eligibility

- You must be a United States citizen, and be an enrolled member of a federally recognized American Indian tribe who has completed high school
- You must be enrolled at an accredited technical school, college or university in a medical or health-related program (includes medical

doctors, physician assistants, nurses, technicians and other health careers). Adults returning to school in a health care field or those currently working in a non-professional health-related field who are pursuing a professional license or degree are eligible to apply.

- Undergraduate students majoring in a health-related field or pre-med program are also eligible to apply. Preference will be given to candidates from Wisconsin who are attending an educational institution in Wisconsin.

Application Deadline

Applications must be received by February 1 prior to the academic year in which the student wishes to attend. If February 1 falls on a weekend, applications are due on the first Monday of February. Applications are available at the S/M Education Office or by calling (715) 793-4100.

Native American Congressional Internship

The [Native American Congressional Internship](#) program is a fully-funded, ten-week summer internship in Washington, DC, for American Indian and Alaska Native undergraduate, graduate and law students. Interns work in congressional and agency offices where they have opportunities to research legislative issues important to tribal communities, network with public officials and experience an insider's view of the federal government. The Foundation provides airfare, housing, per diem, and a \$1,200 educational stipend. The application deadline is [January 31, 2015](#). For an application and information about complimentary webinars, please see our ["Apply"](#) page.

The [Udall Scholarship](#) program awards \$5,000 merit-based scholarships for college sophomores and juniors seeking a career in tribal health, tribal public policy, or the environment. Two- and four-year college students are encouraged to apply. Scholars participate in a five-day [Orientation](#) in Tucson, AZ, to learn from and network with experts, their peers, and members of the Udall family. The award includes life-time membership in the [Udall alumni community](#), a vibrant community offering job and internship opportunities, support for public service initiatives, and intellectual

discussion. Applications must be submitted through a [Udall faculty representative](#) at the student's college or university. The application deadline is [March 4, 2015](#). A faculty representative directory and schedule of free webinars can be found on the ["Apply"](#) page.

The Udall Foundation honors Morris K. Udall's thirty years of service in the U.S. House of Representatives and Stewart L. Udall's service as Secretary of the Interior. Both men worked tirelessly for the rights of American Indian and Alaska Native peoples. Since 1996, 110 tribes have been represented in the scholarship and internship programs.

We encourage you to visit our website at www.udall.gov and join our Facebook group [Native Education @ Udall Foundation](#). There, you'll find our alumni profiles, tips for the applications, and more. We are eager to hear from interested students, faculty, staff and educational partners directly by email or phone. Thank you for your time and assistance. We look forward to working with you!

Sincerely,
Destiny Khalil, Internship Program Manager
Paula Randler, Scholarship Program Manager
khalil@udall.gov 520-901-8561
randler@udall.gov 520-901-8564

What You Need to Know Before Reading New Social Security Statements

By Jason Alderman

No matter how far away you are from retirement, it's important to understand your Social Security benefits – and there's a particularly good reason to do it now.

The Social Security Administration (SSA) is bringing back annual paper benefits statements for the first time in three years. It stopped in 2011 to save money on printing and postage, but Congress and consumer advocates complained that workers needed better access to their data. In September, the agency reversed its decision and announced it's resuming the practice of mailing paper statements to workers in two categories:

- Those who are not receiving benefits and are within three months of turning 25, 30, 35, 40, 45, 50, 55, and 60. (After age 60, workers will receive a statement every year.)
- Those who still haven't registered for a My Social Security (www.ssa.gov/myaccount/) online account.

Why is this important? First, if you've paid into the Social Security and Medicare system, you should understand the benefits you've earned. Second, as the SSA has been closing field offices and reducing services to the public.

Start by waiting for your next paper benefits statement or sign up at My Social Security website to review your current data. Here's a quick overview of what your statement tells you:

- **Introduction and your estimated benefits.** This section covers four categories. The first is your retirement benefits, which are based on your age when you start drawing them. The calculations are based on three critical ages as examples: 62 (the earliest age you can draw retirement benefits), 67 (the full retirement age for

anyone born after 1960) and age 70 (the oldest anyone can start drawing benefits, generally at the highest level if you can wait). The second is disability, which refers to the amount of your monthly disability benefit if you qualify. Third, your family/survivors benefits if a loved one dies. And lastly, your Medicare eligibility and the particular facts to support that conclusion.

- **Your Earnings Record.** This is a summary of your earnings that you need to verify for accuracy. Pull your annual tax returns as far back as you can to confirm this information, and if you work with a tax or financial planning professional, double-check their conclusions if you plan to challenge any errors with the SSA.
- **Some Facts About Social Security.** Provides additional definitions and guidelines to better understand your statement and includes key contact information.

Use your statement to do the following:

- **Spot and correct errors.** If you and your tax professional spot disparities in your benefit statement make careful notes, gather your evidence and consult the SSA's contact page (www.ssa.gov/agency/contact/) to start the correction process remotely or in person.
- **Blend Social Security into a broader retirement plan.** Most experts agree Social Security alone won't provide a comfortable retirement. It's never too late to plan.

Bottom Line: Even if you're years away from retirement, make sure you understand your Social Security benefits, and that they're accurate and fit into a broader financial plan for your retirement.



On Tuesday, December 2, 2014, the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following actions were taken on the motions:

APPROVAL OF AGENDA-

Strike: Mitel Phone System and IT Job Description

Add: Public Works and Administrative Pool

Motion by Terrie K. Terrio to approve the agenda as revised. Seconded by Jeremy Mohawk. Motion carried.

MEETING MINUTES-

Motion by Jeremy Mohawk the Tribal Council Meeting Minutes for September 2nd, 2010, September 16th, 2014, September 24th, 2014, October 7th, 2014, October 21st, 2014, October 29th, 2014, November 4th, 2014 and November 18th, 2014. Seconded by Terrie K. Terrio.

Motion maker amends motion adding: with the noted corrections. Second concurs.

Roll Call: Terrie yes, JoAnn abstain, Shan yes, Jeremy yes and Joe yes. Motion carried.

EVENT CENTER ITEMS-Dave Brawner

No action taken at this time, the item will appear on a future agenda.

HEALTH CENTER BUDGET MODIFICATION-Terrie K. Terrio

Motion by JoAnn Schedler to go along with the Community Outreach Director's recommendation to approve budget mod CHO-01 for Great Lakes Inter-Tribal Council increase funding to existing grant, the Supplemental Nutrition Assistance Program-Education and mod 2, which is CHO-02, Wisconsin State Grant, for preparation of the Tribal Waivers for Long Term Care. Seconded by Jeremy Mohawk. Motion carried.

PRESENTATION OF FINAL RESEARCH RESULTS-Jolene Bowman

PhD Candidate Jolene Bowman presented her final research results to the Council and Community.

RESOLUTION: Phillip Morris-Rob Hendricks, Business Development

Motion by Terrie K. Terrio to adopt resolution 09-15, now therefore be it resolved, the Tribal Council hereby authorizes the Tribal President or Vice-President to execute the Philip Morris USA, Inc. Retail Leaders Program 2015 Agreement, Tribal Contract Number 14-624.; and be it further resolved, that the Tribal Council hereby grants and approves a limited waiver of the Tribe's sovereign immunity solely for the limited purpose of enforcement of the agreement; and be it finally resolved, that the waiver of sovereign immunity for the Tribe is also limited to the terms and conditions set forth below:

1. The limited waiver of the Tribe's sovereign immunity is granted only to and for the benefit of the parties identified as part of the agreement that the Tribe has executed and shall not extend to any other entity or person.
2. The limited waiver of the Tribe's sovereign immunity contained in this Resolution shall be effective only after the parties' officially designated representatives have executed the agreements and shall only be for the term of the agreements.
3. Nothing contained in this Resolution shall be deemed consent to levy of any judgment, lien, or attachment upon any property or interest in property of the Stockbridge-Munsee Community.
4. The limited waiver of sovereign immunity granted and approved through this Resolution does not waive the sovereign immunity of any official, employee, member or agent of the Tribe.
5. Any dispute resolution action against the Tribe, as consented to through this limited waiver of sovereign immunity, shall be brought in the form and venue

identified in Section 34 of Exhibit "F" of the Philip Morris USA, Inc. Retail Leaders Program Agreement. The law to be applied, if no law is otherwise identified, shall be federal law. Seconded by Shannon Holsey. Motion carried.

FORESTRY COMMITTEE MINUTES-Larry Moede, Committee Member

Motion by Joe Miller to accept the Special Forestry Meeting Minutes, Tuesday, November 25, 2014, as presented and approve the recommendations contained within. Seconded by Terrie K. Terrio. Motion carried.

ADMINISTRATIVE JOB DESCRIPTIONS-Wallace A. Miller, Tribal President

Motion by Jeremy Mohawk to approve the revised job descriptions for the Tribal Government Office Administrative Assistant, the Administrative Office Administrative Assistant and the Tribal Council Secretary/Sr. Administrative Assistant. Seconded by Terrie K. Terrio. Motion carried.

PUBLIC WORKS-

No action taken at this time, the item will be brought back after a review of Chapter 39, the Utility Ordinance.

EXECUTIVE SESSION-

Motion by Shannon Holsey to go into Executive Session. Seconded by Terrie K. Terrio. Motion carried at 5:30 PM

Motion by Shannon Holsey to come out of Executive Session. Seconded by Jeremy Mohawk. Motion carried at 5:55 PM.

While in Executive Session discussion was held on an executor's request, land acquisitions, enrollment minutes, legal issues and an audit report.

Motion by Terrie K. Terrio to approve the recommendation of the Enrollment Committee to enroll Brynn Leigh Schreiber. Seconded by Shannon Holsey. Motion carried.

Motion by Terrie K. Terrio to approve the land purchase of LS-12-14, a home and two acres. Seconded by Shannon Holsey. Motion carried.

Motion by Terrie K. Terrio to approve the recommendation in regards to parcel identification number JO-14-14. Seconded by Jeremy Mohawk. Motion carried.

Motion by Shannon Holsey to reject the settlement offer with Toby Roth as presented. Seconded by JoAnn Schedler.

Roll Call: Terrie yes, JoAnn yes, Shan yes, Jeremy yes and Joe no. Motion carried.

-OPEN AGENDA-

No questions or concerns were brought up during the Open Agenda portion of the meeting.

ADJOURNMENT-

Motion by Joe Miller to adjourn. Seconded by Shannon Holsey. Motion carried at 5:58 PM.

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