

STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans  
**MOHICAN NEWS**  
*The people of the waters that are never still*

Vol. XXIX No. 3

N8480 Moh He Con Nuck Road • Bowler, WI 54416

February 1, 2022



**Denise Huntington**

Denise Huntington is the new Career Services Specialist. She is responsible for coordinating culturally responsive career planning programs for both adults and the youth. The focus is to improve employability and keeping the right job.

College of Menominee Nation as an Administrative Assistant from 2017 to 2022. Denise also works at Gresham Hardware and has been bookkeeping there since 2015.

She was also a business owner at Gresham Auto Center from 1993 to 2015. Huntington has her Business Administrative Certificate from NWTC and has a Tribal Property and Asset training Certificate.

Denise is married to Dan Huntington, and they have three amazing children. Her son Dillon, two daughters Darci and Dani, daughter-in-law Destinee and four grandchildren: Deklan, Aniston, Cora and Cayden all keep Denise on her feet.

When she is not spending time with her family you can find Denise gardening, sewing, and beading.

Huntington has worked at the

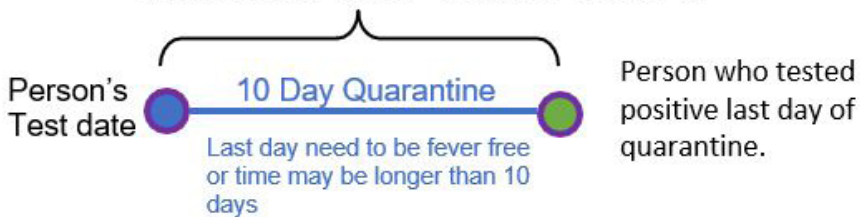
**Stockbridge-Munsee Covid-19 Isolation/Quarantine Summary**

January 14, 2022

This document is intended to provide a summary of the Stockbridge-Munsee guidance on Isolation and Quarantine for COVID-19. This Summary is valid as of the date identified and is subject to updates and revisions based on new information and best medical practices for this disease.

- I tested positive for Covid-19:
- Quarantine until: 10 days have passed since symptoms first appeared or the positive COVID-19 test result
- AND: No fever for at least 24 hours (that is one full days of no fever without the use of medicine that reduces fevers)
- AND: All symptoms have improved (for example, your cough or shortness of breath have resolved)

**Quarantine Period – Positive COVID-19**



Summary cont on page Eight:

PRSRST STD  
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 PERMIT NO. 135



**2021 Co-Employees of the Year**



We are pleased to announce our 2021 Co-Employees of the Year: Mrs. Tina Schreiber, Payroll Specialist (Left) and Mrs. Tabatha Hoffman, Marketing Clerk (Right).

workers. So much so that since the new casino resort was opened in 2008 this is the first time that Employee of the Year voting has ended up in a tie.

Both Mrs. Schreiber and Mrs. Hoffman exhibit dedication, loyalty, teamwork, and customer service to their guests and their fellow co-

As further testament to their sense of teamwork, Mrs. Schreiber and Mrs. Hoffman elected to share the **Award continued on page Two:**

**Mohican Family Center**



During the Covid Pandemic the Mohican Family Center has been a place for you and your family to stay active. They are limited to the number of people they can let in but calling and setting an appointment for the weight/cardio area or using the gym are great ways to stay in shape. Call 715-793-4080 to set up your appointments. Hours of

operation are currently 6 a.m. to 6 p.m. Continue to watch Mohican Family Centers Facebook page for upcoming events for the community.

**(Editor's Note: Check out the pictures of the Family Center on the center pages of this issue of the Mohican News).**

**What's Inside?**

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Directives	pg 8	Voices	pg 3





**Award cont from page One:**  
honor and the subsequent prize  
as co-Employees of the year rather  
than decide between them via a  
coin-toss.

We would also like to thank all  
those who were nominated and  
those who were voted as Employ-  
ees of the Month throughout 2021  
for your positive leadership, dedi-  
cation, and loyalty each day as  
well.

In closing, thank you to everyone

for helping to make the North Star  
Mohican Casino Resort shine so  
brightly every day. Our individual  
efforts every day make a positive  
difference; to our guests, to our  
employer, and to each other.

With Much Appreciation and Grati-  
tude and on behalf of all our North  
Star Team Members,

Terrance Miller,  
Interim General Manager  
Director of Security and Facilities  
North Star Mohican Casino Resort



## How are we doing?

Let us know by taking a  
patient satisfaction survey.

Go to [www.smhwc.com](http://www.smhwc.com)

scroll down and click on

“Patient Satisfaction Surveys”

There is a survey for each department you  
recently visited.

Express your thoughts and opinions. Let your voice be heard.  
We welcome your letters to the Editor and the Community.

### Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal  
Offices or can be mailed to:

### Mohican News

N8480 Moh He Con Nuck Road  
PO Box 70  
Bowler, WI 54416  
e-mail: [mohican.news@mohican.com](mailto:mohican.news@mohican.com)

Please type your letters or print clearly and include your signature,  
address, and daytime phone number. Letters must be 500 words or  
less. All letters are subject to editing and may require confirmation.  
Some may be rejected due to inappropriate content as deemed by  
our editorial board. The views of our readers are not necessarily the  
views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE  
COMMUNITY  
Band of Mohican Indians

PUBLISHER:  
Stockbridge-Munsee Community

EDITOR:  
Jeff Vele

STAFF REPORTER:  
Thomas Kazik II

EDITORIAL BOARD:  
TBD-Member  
TBD-Member  
TBD-Secretary  
TBD-Chairman  
TBD-Vice Chair

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PO Box 70  
N8480 Moh He Con Nuck Road  
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*Mohican News* welcomes articles,  
letters, photographs, and any pub-  
lishable items of interest to Native  
Americans. All materials to be re-  
turned should be accompanied by  
a return self-addressed envelope  
with sufficient return postage.

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NAJA (Native American Journalist  
Association)

STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

# MOHICAN NEWS

Enrolled Tribal members: FREE

## SUBSCRIBE TODAY!

The voice of the Stockbridge-Munsee Community  
24 issues a year

Non-enrolled: \$12.00 per year

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CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
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Voice: 715-793-4389  
Fax: 715-793-1307  
[mohican.news@mohican.com](mailto:mohican.news@mohican.com)

## Enrollment Notice

Enrollment is busy updating our database and making new cards for all tribal members from now through March. We will not be taking appointments during this time. Cards will be mailed beginning March 1<sup>st</sup>.

Addresses where mail is continuously returned will not receive a tribal ID until they contact our offices. Members who require address and contact information updates can fill out a Change of Address Request Form to be mailed in, dropped off, or emailed to [MohicanTribalID@mohican-nsn.gov](mailto:MohicanTribalID@mohican-nsn.gov).

Applications for enrollment, descendant verification, burial

assistance, and family trees can be dropped off or mailed in. All applications and requests (except those requiring a notary or certified documents) can be emailed to [MohicanTribalID@mohican-nsn.gov](mailto:MohicanTribalID@mohican-nsn.gov). They will be time stamped, dated, and processed in the order in which they are received.

Newly enrolled members will be able to make appointments for pictures and signatures beginning March 1<sup>st</sup>.

Alpha Creapeau, Enrollment Manager, (715)793-4677  
Delores Meek, Enrollment Assistant, (715)793-4671  
Rebecca Burr, Enrollment Specialist, (715)793-3049  
[MohicanTribalID@mohican-nsn.gov](mailto:MohicanTribalID@mohican-nsn.gov)

## Family Center News

Due to COVID concerns in our community the Mohican Family Center will limit services offered. New hours will be Monday- Friday 6am to 6pm

Gym and Fitness will be by appointment only please call 715-793-4080 for gym and 715-793-4083 for fitness appointment.

Youth Education Program will provide virtual services only, weekly lessons, activities and snacks will be dropped off every Monday.

Please watch the SMCfamily Services Facebook page for daily activities - <https://www.facebook.com/smcfamily.serv.5>  
Be safe and stay healthy



## Veterans Corner

203 W. Main St  
Bowler, WI. 54416

Gregg W. Duffek,  
Tribal Veterans Service  
Officer

Office: 715-793-4036  
[gregg.duffek@mohican-nsn.gov](mailto:gregg.duffek@mohican-nsn.gov)



715-793-4036

## Gresham Scholarship Fund

At the Board of Directors meeting it was decided to cancel plans for the annual fund-raising banquet, which was scheduled for March 26, 2022, supporting the Gresham Scholarship Fund. This has been the third, consecutive banquet to be canceled. We are hoping that the Covid pandemic will soon be brought under control, so that a banquet can be scheduled and completed next year. We thank those many supporters for their donations and also hope that their support will continue this year.

Robert Klopke

## Purchased/ Referred Care (PRC)

If you receive a referral from your primary care provider at Stockbridge-Munsee Health and Wellness Center (SMHWC) to an outside provider, the referral staff will contact you with the details. If you have a follow up appointment, please contact the referral staff with appointment information to have a referral made up. Failure to get a referral for all visits outside of the SMHWC may result in denials from the PRC department.

REFERRAL STAFF:  
Danielle Ewald- Referral Case Manager 715-793-4102  
Sarah Miller-Referral Specialist 715-793-5077

**FREE**  
**TAX PREPARATION**  
**Stockbridge-Munsee Tribal Offices**  
N8476 Moh He Con Nuck Road, Bowler, WI 54416

February 5<sup>th</sup>, 6<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup>, 26<sup>th</sup> and 27<sup>th</sup>, 2022  
March 5<sup>th</sup> & 6<sup>th</sup>, 2022

**Appointment required for services**

- Tax preparation services provided by IRS-certified volunteers
- No-contact/drop-off Tax Preparation Site.

We will collect information and your taxes will be prepared for you. Once they are complete we will call you to review them and for pickup. Bring the following items to your appointment:

- Picture ID
- All income forms
- Other tax forms
- Interview sheet
- SSN Card for you and dependents
- Direct Deposit Bank Information
- Letter 6475 Economic Impact
- Letter 6419 Child Tax Credit

To make an appointment call (715) 793-4111

IRS Certified Volunteers Providing  
**FREE TAX PREPARATION**

**Our family's decision?**  
**Stepping up her safety.**

→ Because COVID-19 can be serious for kids, too.

Getting COVID-19 can have real consequences for a child's health, from a hospital stay to living with "long COVID" symptoms. Taking simple steps as a family—like wearing a mask in class or getting kids the free COVID-19 vaccine for ages 5 and up—can help kids stay safe and in school.



Get started today at  
[dhs.wi.gov/covid19/parents](https://dhs.wi.gov/covid19/parents)



**James Lawrence Bell**

James Lawrence "Jim" Bell, age 70 of Shawano, passed away on Saturday, January 22, 2022. Jim was born on August 20, 1951, to the late Newton and Elfa (LeRoy) Bell in Fort Atkinson, WI. He enlisted in the United States Army. Jim loved his community. He was often seen walking around town, socializing with everyone and play his guitar.

Jim is survived by: his children, Brandon Bell and Gina (Donald Miller) Bell; grandchildren, Vanessa Bell, Jacob Miller and Riley Miller; and one sister Sandra Becker. He is further survived by, nieces, nephews, other relatives and friends.

He was preceded in death by: his parents, Newton and Elfa and siblings, Sue Bell, Pauline Peters and Douglas LeRoy.

A funeral service for Jim will be held at 11 am on Wednesday, February 2, 2022, at Swedberg Funeral Home in Shawano, with Deacon Todd Raether officiating. Military honors will be conducted by the Veterans of the Menominee Nation. Visitation will be held on Tuesday, February 1, 2022, from 4-8 pm and again on Wednesday, February 2, 2022, from 9:30 am until the time of service.

*The family of Jim would like to extend a special thank you to the staff in the ICU at ThedaCare Regional Medical Center in Neenah for the exceptional care given to him.*

[www.swedbergfuneralhome.com](http://www.swedbergfuneralhome.com)



**Cindy Grignon**

Cindy R. Grignon, age 58, of Howard, passed away on Friday, January 14, 2022 in Green Bay. She was born on December 6, 1963 to the late Jack Miller and Vernie Quinney- Waubano in Shawano. Cindy attended and graduated from Shawano High School. She later moved to the Fox Valley where she provided professional cleaning services for public and private businesses in the area. She also worked at the Fry Bread Heaven in Oneida. Cindy then settled and spent over 20 years in the Green Bay area. What brought the most joy to her life was attending pow-wows to watch her two champion

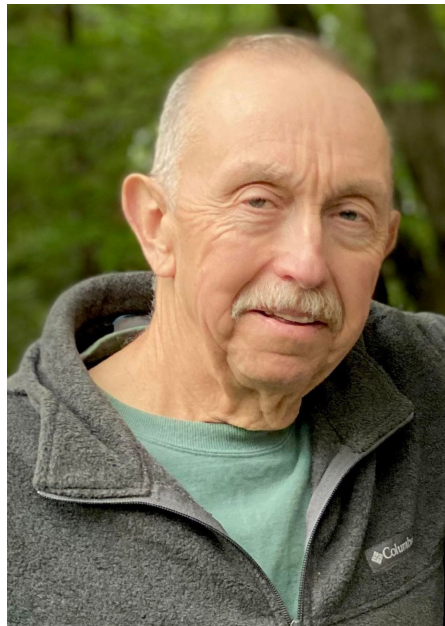
fancy dancers. She also loved watching her sons play baseball. She was always their smallest but loudest fan. Cindy especially loved spoiling her grandchildren, who were the love and light of her life. She will always be known as a lover of adventure and a speed demon on all vehicles including dirt bikes, motorcycles, fast cars, snowmobiles, and anything with a throttle!

She is survived by her sons Darwin (Courtney) and Dawson (Kaylen); her grandchildren Cameron and Raelynn; her special nephews Robert Waubano, Anthony Waubano and Robert Little; father of the boys Brian Grignon; her sister Sharon Waubano; her special sisters Kathy, Dory and Netsie. She is further survived by numerous nieces, nephews, other relatives and friends.

Cindy is preceded in death by her parents Jack and Vernie; her siblings Dorothy Frechette, Leroy Waubano, Loraine Waubano, Earl Soman and Sharon Waubano.

A traditional native service for Cindy will be held at 1:00 pm at the Swedberg Funeral Home on Tuesday, January 18, 2022. Visitation will begin on Monday at the funeral home from 4:00pm to 8:00 pm and then again on Tuesday at 9:00 am until the time of services. Swedberg Funeral Home is assisting the family with arrangements.

## On the Trail Home



**Gary Burr**

Gary Burr, age 70, of Shawano passed away on Wednesday, January 19, 2022. Gary was born in Shawano to the late Gordon and Phyllis (Lenzner) Burr. Gary graduated from Shawano High School with the class of 1970 before enlisting with the United States Marine Corps.

On October 13, 1973, Gary was united in marriage to Karen Duchac in Antigo. Karen preceded Gary in death on June 21, 2011.

Gary loved his work as a police officer and worked for the City of Marinette, Shawano County, and the City of Shawano throughout

his career.

In his free time, he enjoyed hunting, fishing, shooting, working on his military jeep, and helping friends and family with projects. More than anything he loved spending time with his family especially his four grandchildren.

Gary is survived by: his daughters, Wendy (Jeff) Fritz and Jenny (Seth) Mailahn; grandchildren Sam and Hatty Fritz and Charlie and Jace Mailahn; his special friend, Susan Kriescher; siblings, Katie (Jack) Hietpas, Cherie Schellinger, Walking Eagle Burr, Jeff (Dee) Burr, Randy (Tammy) Burr, Todd Burr, and Burdette Burr, Jr. He is further survived by numerous nieces, nephews, other relatives, many friends, and granddogs, Thorn and Hank.

Preceding Gary in death are his wife, Karen Burr, his parents, a brother, Mark Burr, and a granddog, Brutus.

A funeral service for Gary was held on Friday, January 28, 2022, at Sacred Heart Catholic Church in Shawano with Deacon James Lonick officiating. Military Honors will be conducted by Shawano American Legion Post #117. Visitation was held at the church on Friday from 4:00 pm until the time of the service.

### Puffy coats and car seats don't mix

WAUSAU, Wis. – Puffy coats may appear to be the perfect amount of insulation to keep your child warm in the coldest of Midwest winters, but did you know they can pose as a safety hazard for your little ones in car seats?

The extra padding might feel snug to the child when they're tightly buckled in, but the extra material will compress in a crash and loosen the harness. According to Safe Kids Wisconsin, a puffy coat adds four inches of slack to car seat harness straps, which greatly increases the risk of injury to your child.

"The trick is to find the perfect balance between keeping little ones warm and safe in their car seats," says Amanda Tabin, Safe Kids & Injury Prevention Coordinator at Aspirus Health. "Consider dressing them in thin layers, hats, mittens, socks or boots, and using the coat or a blanket over the straps of the car seat."

Try this simple coat check, with steps provided by Safe Kids Wisconsin, to ensure your car seat is



secure and there is nothing bulky between the child and the straps: Step 1: Put the coat on your child. Step 2: Sit them in the car seat. Buckle and tighten the harness. Step 3: Without loosening the harness, unbuckle it, and remove your child from the car seat. Step 4: Take the coat off. Step 5: Strap your child back into the car seat without adjusting the straps. If the harness is too loose, the coat is too thick to wear under the harness.

## Cirrinity is now a provider in the Affordable Connectivity Program (ACP)

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

The benefit provides a discount of up to \$30 per month toward internet service for eligible households and up to \$75 per month for households on qualifying Tribal lands.

Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.

### Who Is Eligible for the Affordable Connectivity Program?

A household is eligible if a member of the household meets at least *one* of the criteria below:

- Has an income that is at or below 200% of the [federal poverty guidelines](#); or
- Participates in certain assistance programs, such as SNAP, Medicaid, Federal Public Housing Assistance, SSI, WIC, or [Lifeline](#);
- Participates in Tribal specific programs, such as Bureau of Indian Affairs General Assistance, Tribal TANF, or Food Distribution Program on Indian Reservations;
- Is approved to receive benefits under the free and reduced-price school lunch program or the

school breakfast program, including through the USDA Community Eligibility Provision in the 2019-2020, 2020-2021, or 2021-2022 school year;

- Received a Federal Pell Grant during the current award year; or
- Meets the eligibility criteria for a participating provider's existing low-income program.

### Two Steps to Enroll Apply Now

- Go to [ACPBenefit.org](http://ACPBenefit.org) to submit an application or print out a mail-in application.
- Contact your preferred participating provider to select a plan and have the discount applied to your bill. Some providers may have an alternative application that they will ask you to complete.

Eligible households must **both apply for the program and contact a participating provider to select a service plan.**

### Get More Consumer Information

Check out the Affordable Connectivity Program [Consumer FAQ](#) for more information about the benefit.

### Which Internet Service Providers Are Participating in the Affordable Connectivity Program?

Various broadband providers, including those offering landline and wireless broadband, are participating in the Affordable Connectivity Program. [Find broadband service providers](#) offering the benefit in your state or territory.

Recipe on page 11 of this issue of the Mohican News!



## Shepards Pie

### MAKE & TAKE

Flavorful and Filling!

### FEBRUARY MAKE & TAKE

WEDNESDAY, FEBRUARY 9th, 2022



20 FAMILIES WILL BE CHOSEN TO RECIEVE FREE INGREDIENTS

Participants must have access to internet as the Make & Take will be done virtually, sessions will be pre recorded and sent out prior to pick up.

Ingredients must be picked up on Wednesday, February 9th, at the Veteran's parking lot from 11:45am-1:15pm.

Sign up is January 25th - February 2nd. Due to popular demand we will be drawing names for the Virtual Make & Take. We will contact you on February 4th if your name has been chosen.

1/2 RECIPES AVAILABLE UPON REQUEST

TO SIGN UP OR FOR MORE INFORMATION CONTACT  
CASEY ROSENBERG, RD PHONE: 715.793.5006  
EMAIL: [CASEY.ROSENBERG@MOHICAN.COM](mailto:CASEY.ROSENBERG@MOHICAN.COM)

Sponsored by the SMHWC Community Health Department with funding from SNAP-ED & SDPI grant



### ACCEPTING APPLICATIONS NOW!

Stockbridge-Munsee Community Provides **QUALITY EARLY CHILDHOOD EDUCATION** and other services for qualifying families of children three to five years of age

### All Eligible Families Welcome!

In Addition to Quality Early Childhood Education Families Receive:

- Quality Learning Opportunities to Promote School Readiness
- Family Support Services Including Parent Education
- Health & Developmental Screenings & Assessments
- Disability & Mental Wellness Support for Families

### GIVE YOUR CHILD A HEAD START TO A GREAT FUTURE!

#### Program Information

- FREE** Early Care and Education for Income Eligible Families
- Program Hours: Mon-Thurs 7:45-12:45

#### How Do I Apply?

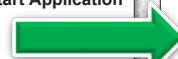
- Complete Application
- Include Tribal Affiliation,
- Copy of Child's Birth Certificate,
- Income Verification, and
- Proof of Residency

**Scan this Code**  
To Access Electa Quinney Head Start Application

#### Contact Us

Electa Quinney  
Head Start  
W13429 Cherry Street  
Bowler, WI 54416

715-793-4993



STOCKBRIDGE-MUNSEE COMMUNITY HEALTH DEPARTMENT

## Make & Take

2021 - Looking back

From June - December 2021 we served 152 families with our Virtual Make & Take Events. They became so successful that we had to start drawing for spots. We even started getting requests just for the recipes so that families could buy the ingredients on their own and still participate in the Virtual Make & Take Event. We love seeing how the event grows in popularity each year and the appreciation we get from the community. Here are a few pictures from our 2021 Make & Take Events that were submitted.

We hold our Virtual Make & Take Event once a month so don't forget to sign up! Watch for our flyers in the local newspaper & at [mohican.com](http://mohican.com) under Community Events.

Sponsored by the SMHWC Community Health Department with funding from SNAP-ED & SDPI grant



# Mohican Family Center Cardio Room



# Mohican Family Center Fitness/ Weight Room





On Tuesday, January 18<sup>th</sup>, 2022, the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following actions were taken:

**Roll Call:**

Shannon Holsey; Present  
Craig Kroening Jr; Present  
Sara Putnam Present  
Joe Miller; Absent  
Jeremy Mohawk; Present  
Terrie Terrio; Present  
Randall Wollenhaup; Present

**APPROVAL OF AGENDA-**

**ADD:** Award Acceptance

**STRIKE:** Program Participation

Agreement T.E.A.C.H Early Motion by Terrie K. Terrio to approve the Regular Tribal Council Meeting agenda as modified. Seconded by Jeremy Mohawk. Motion carried.

**OPEN AGENDA-**

**MEETING MINUTES-January 4, 2022**

Motion by Terrie K. Terrio to approve the Regular Tribal Council Meeting minutes of Tuesday, January 4, 2022. Seconded by Randall Wollenhaup. Motion carried.

**Roll Call:** Terrie yes, Craig abstains (absent), Sar abstains, Randall yes and Jeremy abstains. Motion carried.

**RESOLUTION: Healing to Wellness court Ordinance, Chapter TCT.06-Bridget Swanke, Senior Counsel**

Motion by Jeremy Mohawk to adopt resolution 023-22, NOW THEREFORE BE IT RESOLVED, that the Stockbridge-Munsee Tribal Council hereby adopts Chapter TCT.06, Healing to Wellness Court Ordinance, and authorizes its submittal to the U.S. Bureau of Indian Affairs for approval. Seconded by Craig Kroening, Jr. Resolution adopted.

**AMENDMENTS TO COMMUNICABLE DISEASE, VACCINATION, AND QUARANTINE ORDINANCE, CHAPTER SAF.04-Bridget Swanke, Senior Counsel**

Motion by Terrie K. Terrio to adopt resolution 024-22, the following amendments to SAF.04, NOW THEREFORE BE IT RESOLVED, that the Stockbridge Munsee Tribal Council hereby adopts the following amendments to Chapter SAF.04:

- Amending the following subsections in SAF.04: 01(a), 02(c), 03(a), 04(a-h), 04(g)(1)(C), 05(a), and 05(c).
- Creating the following new subsections in SAF.04: 01(d), 02(d-e), and 03 (b-c).

- Modifying the section for SAF.04.03 and SAF.04.04. Seconded by Craig Kroening, Jr. Resolution adopted.

**IMLS BASIC GRANT POSITION FOR POSTING-**

Tabled

**ELDER SOCIAL WORKER JOB DESCRIPTION-**

Motion by Jeremy Mohawk to approve the changes to the Elder Social Worker position including the vaccine language. Seconded by Terrie K. Terrio. Motion maker rescinds motion. Second concurs. Motion rescinded.

**WDVA FY 2021 AMERICAN INDIAN VETERANS SERVICE GRANT-Gregg Duffek, TVSO**

Motion by Terrie K. Terrio to approve the Wisconsin Department of Veterans Administration Service Grant and to waive the Indirect Costs and to authorize the Tribal President to sign the respective documents. Seconded by Jeremy Mohawk. Motion carried.

**REQUEST TO APPROVE AMENDMENT #1 TO PROJECT NUMBER EBE-01-2022-Linda Mohawk-Katchenago, Ella Besaw Workgroup Member**

Motion by Jeremy Mohawk to approve Amendment #1 to Project Number EBE-01-05-2022. Seconded by Randall Wollenhaup. Motion carried.

**REQUEST TO AWARD SURVEY- Constitution Committee**

Motion by Sara Putnam to go along with the Constitution Committee's recommendation. Seconded by Terrie K. Terrio and adds the language not to exceed a set amount. Motion carried.

**REQUEST FOR PERMISSION TO PUBLISH MAP-Dr. Carol Cornelius**

Motion by Terrie K. Terrio to approve the request to publish the map in her book. Seconded by Craig Kroening, Jr. Motion carried.

**FORESTRY COMMITTEE MEETING MINUTES-Forestry Committee Member**

Motion by Terrie K. Terrio to approve the Forestry Committee Minutes of 12/1/21 and all actions contained within. Seconded by Jeremy Mohawk. Motion carried.

**FINANCIAL STATEMENTS (for approval) August 31, 2021, to October 31, 2021-**

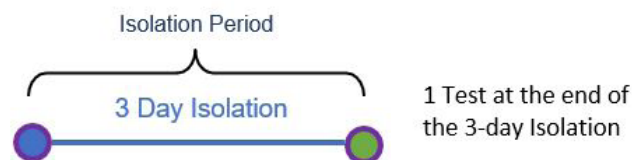
Motion by Sara Putnam to approve the financials for the Tribal Side for August to October 2021 and also 9/30/21 to October 10/31/21 which was the last fiscal year. Seconded by Jeremy Mohawk. Motion carried.

**BOARD / COMMITTEE APPOINTMENTS-**

**Summary continued from page One:**

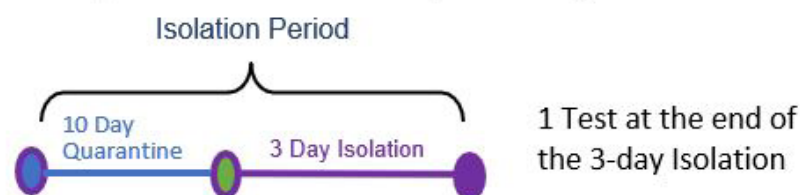
NOTE: Those with severe cases of COVID-19 may be required to quarantine for 20 days instead of 10. The determination will be made by a

**I am vaccinated, but I was in close contact with someone who tested positive for Covid-19(excluding Besaw Center):**



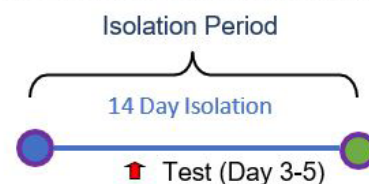
People who are fully vaccinated and not employed at or reside at the Besaw Center will isolate for a minimum of 3 days from the last contact. The person will then be tested for COVID-19. If the test results are negative, the person will be released from isolation, but will be required to wear a mask when in public or in the workplace for a minimum of 14 days following the last contact.

**I am vaccinated, and someone in my household tested positive for Covid-19 (excluding Besaw Center):**



Household contacts that are fully vaccinated and not employed at or reside at the Besaw Center will isolate for a minimum of 3 days from the last contact. If you continue living in the same household as a person who tested positive for Covid-19 your 3-day isolation starts once they end quarantine. The person will then be tested for COVID-19. If the test results are negative, the person will be released from isolation, but will be required to wear a mask when in public or in the workplace for a minimum of 14 days following the last contact.

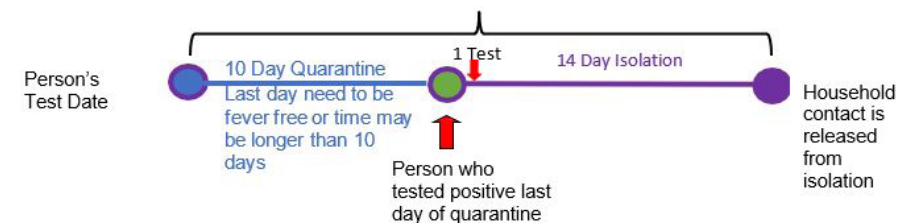
**I am NOT vaccinated, and I was in close contact with someone who tested positive for Covid-19(excluding Besaw Center):**



People who are not fully vaccinated and have close contact with a person who tested positive will isolate themselves in their home for 14 days from the date of last contact. A test is provided between 3-5 days after last contact to confirm the person is not positive. If they are positive, they will follow guidance for someone who tested positive.

**NOT vaccinated, and someone in my household tested positive for Covid-19**

Quarantine Period – Household Contact – Continued Daily Contact Not Vaccinated



Household contacts who are not vaccinated will isolate for 14 days from the last contact. If you continue living in the same household as a person who tested positive for Covid-19 your last contact starts once the positive person's quarantine ends.

NOTE: If additional household members test positive, then the isolation periods start over for the household.

Motion by Jeremy Mohawk to appoint Robert Shubinski to the Language & Culture Committee. Seconded by Craig Kroening, Jr. Motion carried.

Motion by Terrie K. Terrio to appoint Todd Miller and Sterling Schreiber, Sr. to the Forestry Committee. Seconded by Craig Kroening, Jr.

**Roll Call:** Terrie yes, Craig yes, Sara yes, Randall yes and Jeremy abstains (family). Motion carried.

**AWARD ACCEPTANCE-Linda**

**Mohawk-Katchenago, Tribal Administrator**

Motion by Terrie K. Terrio to authorize the Tribal President to sign the award agreement, after Legal review and to approve Budget Mod #1, to the VITA 291-51901. Seconded by Craig Kroening, Jr. Motion carried.

**ADJOURNMENT-**

Motion by Jeremy Mohawk to adjourn. Seconded by Terrie K. Terrio. Motion carried at 5:22 PM.



## Answered Prayers – A Tricksters Tale

By Larry Madden

Crossing the frozen black ash and willow bottom, cut so much travel time to the cabin. In warmer weather it was much too wet to cross, adding at least an additional hour of travel time. As he glided across the ice-crusting snow, He could see the smoke plume from the chimney over the rise of the opening field. The sun hurried for the horizon...just as he hurried for the dim light emitting from the cabin window.

Inside the snug cabin a young woman busied herself stirring her kettle of boiling root vegetables. Her lonely existence began in the spring when a fishing accident had claimed both her elder father and newlywed husband. Though the swollen spring river had taken her loves, it hadn't stolen her spirit. She had harvested the garden's bounty and stacked enough firewood to make it to spring. Vowing to stay till the next spring at least, she continued to live the dream that her mother, now buried on the hill east of the cabin along with her missing father and husband, whose spirits, if not remains, were marked by two additional piles of stones.

He had first observed her in the garden from a distance earlier in the year. Once pulling at some of her weeds, she had caught him in her garden plot and she had thrown a rock at him among loud outbursts about not returning. He had returned many times admiring her work ethic and feminine form as she labored on her woodpile and precious garden.

His observations progressed from admiration to desire and lust. What finer mate would a male want than this hard-working female. His mind could wander as he debated his choices or at least his fantasies. It's why in this 13 month he would present himself as a friend, and hope to be that potential suitor if the universe turned in his direction during this sacred time.

Her fire roared as the vegetables in the large black kettle boiled...her fall deer hunt hadn't gone very well and root vegetables and ground corn would make up the majority of her diet, which could make for a long winter.

Approaching the once silent cabin the sound of a ladle clanging against the kettle was followed by a sweet feminine voice, the beautiful songs of a young woman who was thanking the Creator for her blessings. Not many would have found something to sing about, but her purity of heart and conviction to cause gave her solace.

The snow depth and crust allowed him to peek in the window pane. Her womanly form

silhouetted against the fireplace. Again his wandering mind settled on the amount of offspring that they could produce, making his heart and breathing race. His hot breath on the cold windowpane caused it to fog, pressing his nose in the fog area so to see clearer... The thirteenth month is a sacred time in the Universe. Should he approach? Introduce himself? Hope to get off on the right foot? He realized this wasn't the time for his imagined introduction as his composure was shaken by his own excitement.

She hunkered near the bubbling kettle...lost in her thoughts and the multicolored brilliance of the oranges and red to blues of the intense fire. The events and choices of the past swirled through her brain like the smoke up the chimney. Suddenly an odd foreboding feeling swept across her, much like snow racing across the crust on the fields... someone watching. In the fading light the fogged windowpane caught her attention immediately.

He glided across the crusted snow with ease. His thoughts were racing with dreams of the future, her form, his potential family legacy in the works. Reaching the rise he stopped to longingly gaze back.

Her panic raced as she pondered how the window glass was wet and beginning to frost. Last year's furs had paid for the supplies of salt, flour and some sugar. The major expenditure was a new rifle called a .22 caliber rim fire. Other than her, it was her former husband's pride and joy. She slipped the small but powerful cartridge in the chamber.

His extended gaze noticed a slight movement at the window... Should he have chanced an introduction. The sound never reached his sharp hearing before the impact and burning in his skull as it hit the snow.

She raced toward the silhouette in the snow. As she approached, his fine form and healthy appearance impressed her. She reached down to touch him. His life glow slipping away as his life blood melted through the crusted snow on its way to the earth. Her caress was brief as was her thank you, lifting his head from the bloodied snow. It was the finest White Hare she had ever seen. His fine hide would line her moccasins and hand covers. His flesh, the missing ingredient in the boiling kettle and his right rear foot for her medicine pouch.

Her song to Ktche' Mannittow had been answered... She hurried back to the warmth... Carrying the Hare by his long ears...What a sacred time the 13th Moon was indeed.



## Don't smoke? You can still get lung cancer

WAUSAU, Wis. – Thousands of nonsmokers are diagnosed with lung cancer every year. Aspirus Health urges you to learn what you can do to reduce your risk.

When you think of lung cancer, chances are what immediately comes to mind is smoking. And it should. Up to 80 percent of lung cancer deaths are thought to result from smoking, according to the American Cancer Society.

“But lung cancer can also occur in nonsmokers,” said Dr. Justin Asquith, Aspirus Health medical oncologist. “These cancers can result from certain substances in the environment - both indoors and outdoors - that we breath into our lungs. As with all cancers, lung cancer begins when the genetic material in cells is damaged. There are several possible causes for this damage.”

A family history of lung cancer may slightly raise your risk for the disease, especially if the member of your family was diagnosed at a young age. However, most non-

smoker lung cancer comes from breathing cancer-causing substances, such as radon.

Radon is the second-leading cause of lung cancer. It is an odorless, colorless gas that rises from the soil and can enter buildings through gaps or cracks in the foundation. About 1 in 15 homes in the U.S. has excessive levels of radon.

To find out if radon is a problem in your home, you should purchase a do-it-yourself testing kit to measure the amount of radon in your home. You can also hire a professional to measure the radon level for you. If radon is a problem in your home, there are measures you can take to fix it, including hiring a qualified contractor to fix your home because lowering radon levels requires special knowledge and skills.

If you do discover that you have experienced a prolonged exposure to radon, contact your primary care provider about scheduling a lung cancer screening.

It's that time of year!

# Snowshoeing

Beginning January 25, 2022!

Come enjoy snowshoeing on our snowy trails every Tuesday and Thursday at the Stockbridge-Munsee Health & Wellness Center.

Participants must sign up for a time slot prior to the event. Time slots begin at 11:45-12:30. Social distancing is a must and we ask that you don't go snowshoeing in groups.

Please contact Casey Rosenberg at 715.793.5006 to sign up, clinic employees sign up in the mailroom.



# Menominee Vocational Rehabilitation Program

**Need help securing employment?  
Vocational Rehabilitation might be Right for you!**

**To be eligible for VR assistance you need to meet the following requirements:**

- Enrolled member of a federally or state recognized Native American tribe
- Have a physical or mental impairment that results in a substantial impediment to employment
- Reside on the Menominee Reservation or within 30 miles
- Require VR services to prepare for, secure, retain, regain or advance in employment

We have successfully placed our consumers for work at the Menominee Casino Resort, Maehnowesekiyah, Food Distribution, Sr. Verna Fowler Library, Headstart, Community Technology Center, Tribal Conservation, Historic Preservation, just to name a few. It's our job to help our consumers find a job.

Stop in and see us at CMN or any of our off-site locations ( Stockbridge-Education Department 1st Monday of the month, Shawano; 2nd Monday of the month, Maehnowesekiyah; 3rd Monday of the month, and Neopit- Menominee Tribal Enterprises; 3rd Tuesday of the month).

**Call or visit in person or online today to begin your referral application process**




Vocational Rehabilitation- GM 111	(800) 567-2344 ext. 3203
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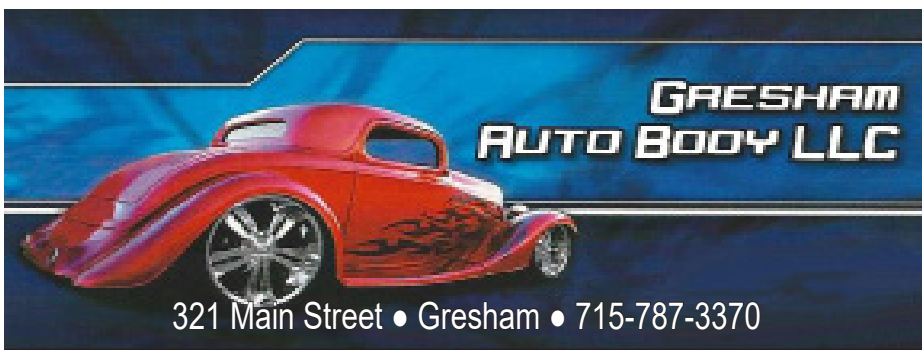
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- Abuse Education
- Information and Referral
- Community Education
- Education Planning
- Forecasting

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**FEBRUARY MAKE & TAKE RECIPE**

THIS ONE-POT ENTRÉE IS A NUTRITIONAL, FIBRE FILLED DISH WITH THE HEARTIEST VEGGIES AND TOPPED WITH A CAULIFLOWER MASH.

PREP TIME: 20 MINUTES | COOK TIME: 30 MINUTES | TOTAL TIME: 50 MINUTES | SERVINGS: 4 SERVINGS

<b>INGREDIENTS</b>	<b>CAULIFLOWER TOPPING</b>
1 LB LEAN GROUND BEEF	16 OZ FROZEN CAULIFLOWER
1 ONION DICED	2 OZ CREAM CHEESE
2 STALKS CELERY FINELY CHOPPED	2 TABLESPOONS BUTTER
1 CARROT FINELY CHOPPED	½ TEASPOON ONION POWDER
4 OZ MUSHROOMS FINELY CHOPPED	1 ½ CUPS CHEDDAR CHEESE DIVIDED
2 TABLESPOONS TOMATO PASTE	
2 CLOVES GARLIC MINCED	
1 CUP BEEF STOCK	
1 TABLESPOONS WORCESTERSHIRE SAUCE	

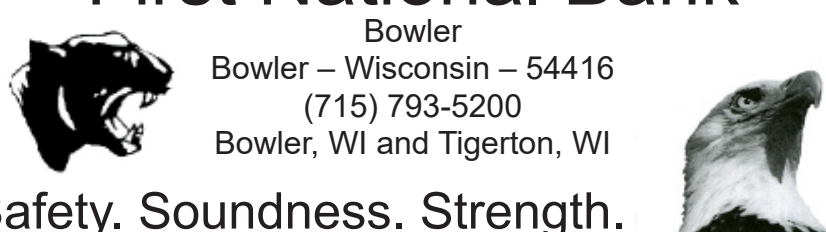
**INSTRUCTIONS**

**CAULIFLOWER**  
STEAM CAULIFLOWER UNTIL TENDER AND DRAIN WELL. PLACE IN A MESH STRAINER AND PRESS TO REMOVE AS MUCH LIQUID AS POSSIBLE. USING A FOOD PROCESSOR (OR BLENDER) PUREE CAULIFLOWER. STIR IN CREAM CHEESE, ONION POWDER, BUTTER AND 3/4 CUP CHEDDAR CHEESE. SET ASIDE.

**SHEPHERD'S PIE**  
PREHEAT OVEN TO 350°F. COOK BEEF, ONION AND GARLIC UNTIL NO PINK REMAINS. DRAIN ANY FAT. ADD MUSHROOMS, CELERY, CARROT, TOMATO PASTE, WORCESTERSHIRE SAUCE, AND BEEF STOCK. STIR AND SIMMER UNCOVERED ABOUT 5-7 MINUTES OR UNTIL MOST OF THE LIQUID IS EVAPORATED. PLACE MEAT MIXTURE IN THE BOTTOM OF A 2 QT CASSEROLE DISH. TOP WITH MASHED CAULIFLOWER AND FINALLY REMAINING CHEESE. BAKE 25-30 MINUTES OR UNTIL GOLDEN AND BUBBLY. REST 10 MINUTES BEFORE SERVING.

**NUTRITION**  
CALORIES: 639KCAL | CARBOHYDRATES: 17G | PROTEIN: 36G | FAT: 48G | SATURATED FAT: 26G | CHOLESTEROL: 157MG | SODIUM: 727MG | POTASSIUM: 896MG | FIBER: 4G | SUGAR: 7G | VITAMIN A: 3460IU | VITAMIN C: 75.6MG | CALCIUM: 388MG | IRON: 3.4MG

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# FEBRUARY BINGO



## Senior Tuesdays

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**\*\* Must be a Star Club member for all promotions. \*\***

## Fridays & Saturdays

\$25 Machines, \$5 Packs, and \$125 Payouts  
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## Sundays & Tuesdays

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